



VET★COM

**TAKE A PEEK AT WHAT'S HAPPENING
HERE AT THE BLUE GOOSE!**

Georgia War Veterans Nursing Home

March 2026



Featuring

- Donations & Contributions.....Pgs. 4-5
- Puzzles.....Pgs. 14-17
- Coloring Pages.....Pgs. 18-20
- Hidden Name Winners.....Pg. 21
- Chaplain's Corner.....Pgs. 22-23
- Puzzle Solutions.....Pgs. 24-27
- Monthly Menu.....Pgs. 29-31
- Activities Calendar.....Pg. 33

**GEORGIA WAR
WOULD LIKE TO
WISH YOU A
MONTH FILLED
WITH LOVE, PEACE,
AND JOY.**

WELCOME

David Blystone

Activated Insights Honorable Mentions

3rd Floor Nursing Staff

4th Floor Nursing Staff

Tamara Glanton

Jo-von Pinson

Lindsay Mouchet

Crystal Allen

Alicia Alvarado

Dr. Richard Sams

Amy Green

Debra Fields

Constance Jones

Asia Marshall

Carolyn Harris

P. Thomas Johnson

INFECTION PREVENTION UPDATE

ATTENTION ALL VISITORS

In an effort to keep our veteran residents healthy as possible, we have implemented interim visitation requirements for all visitors to Georgia War. Respiratory illnesses are widespread in Georgia at this time and we are in peak Flu season. The single best way to protect against all respiratory illnesses is to utilize preventative measures such as handwashing, wiping surfaces, and covering your cough. The Georgia War staff are implementing many of the recommendations from the Department of Human Health (DPH) to maintain and ensure your loved one remains as healthy as possible. We recognize our geriatric residents at Georgia War are at high risk for all respiratory illnesses even with vaccination.

Effective immediately and until further notice, additional precautionary measures are as follows:

All visitors for residents at Georgia War Veterans Nursing Home:

- 1) No visits by anyone under the age of 18
- 2) To protect everyone's health, anyone with symptoms of **fever, cough, sore throat, runny nose, stuffy nose, fatigue, drowsiness, headaches, body aches, nausea or vomiting**, please avoid visiting the facility until these have resolved (**at least 72 hours**).

Please communicate this information to your family and friends who may be affected by these additional interim precautions. Once we are notified that the respiratory rates in the community have decreased we will cancel the restrictions.

Thank you for your understanding and cooperation.

DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

| | |
|---------------------------------------|--|
| American Legion Department of Georgia | Body wash, snack cakes, razors, toiletries, and puzzle books |
| American Legion Post 192 Auxiliary | Ice cream social, snack cakes, razors, body wash, and toiletries |
| American Legion Post 205 Auxiliary | Pizza Social |
| Chaplain Larry Jesion | Church Service |
| Combat Vets Motorcycle Club | BINGO prizes and candy |
| DAV Department of Georgia | BINGO |
| DAV Auxiliary | Ice Cream Social |
| Elks Lodge 205 | BINGO |
| Evans VFW 12190 | Birthday Gifts |
| Mackey House Music | Live Music |
| Project Lifting Spirits | Evening movie, Valentine's crafts, and snacks |
| First Baptist Church | Sunday Church Service |
| VFW Auxiliary Department of Georgia | Birthday cake and ice cream |
| American Legion Post 192 | Ice cream sundaes and desserts |



DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

College Hill Chapter, Daughters of the American Revolution

Christey Blanchard

Patricia Seaborn

Daughters of Union Veterans of the Civil War

Susan Sasser

John Naldrett

Birthstone: Aquamarine and Bloodstone

Birth Flowers: Daffodils and Jonquils

Astrology Zodiac Signs: Pisces & Aries

Dates to Remember:

- Month Long: National Social Work Month!
- 3/3 World Hearing Day
- 3/6 Employee Appreciation Day
- 3/8 International Women's Day
- 3/8 Daylight Savings Time begins
- 3/14 Pi Day
- 3/17 St. Patrick's Day



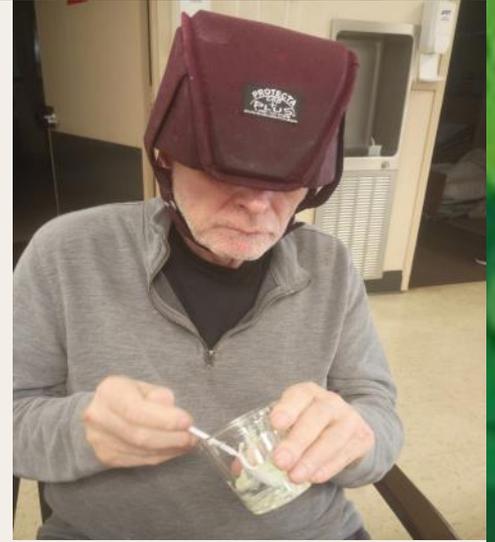
Sweet Treats & Sweethearts



Fun with the VFW Department of Georgia



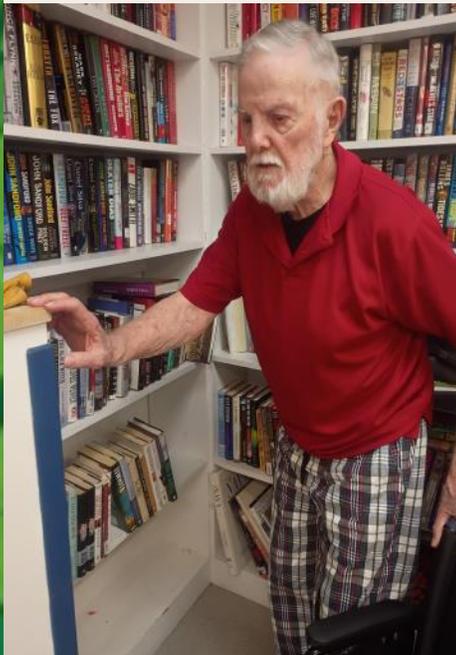
Fueling Our Veterans



Activities for our Heros



BINGO with M.A. Jones & Elks Lodge



Karaoke & Crafts



Valentine's Day Party

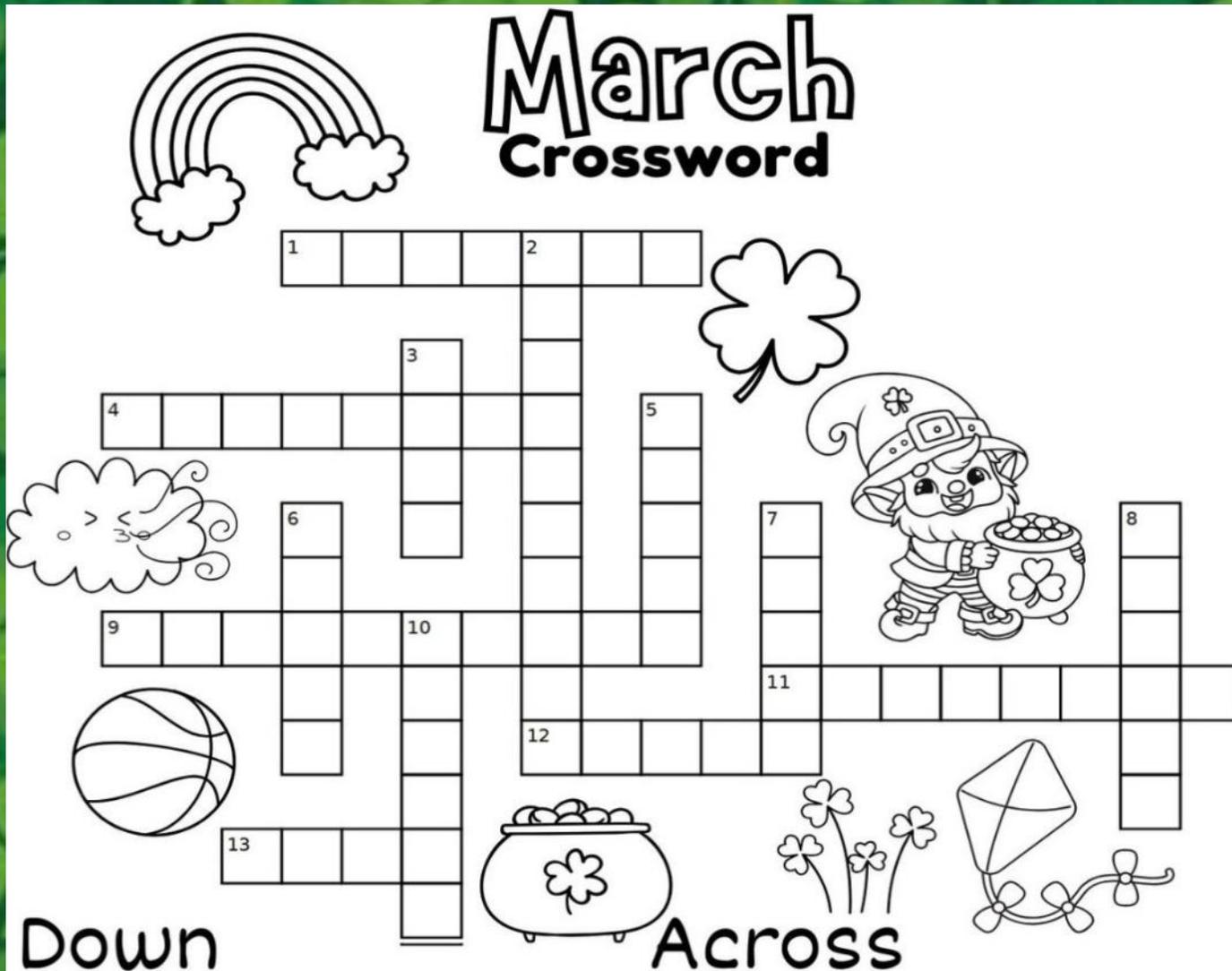


Vita Crawford's Retirement Party!



Crossword Puzzle

Solutions on Pg. 24



Down

2. A sport with a big tournament in March called "March Madness."
3. What a leprechaun hides at the end of a rainbow.
5. The color most people wear on St. Patrick's Day.
6. The third month of the year.
7. March is known for this type of breezy weather.
8. The season that begins in March.
10. A plant that can have three or four leaves.

Across

1. A colorful arc that appears after the rain.
4. A three-leaf plant that is a symbol of St. Patrick's Day.
9. A tiny, magical creature from Irish folklore.
11. A bright yellow flower that blooms in early spring.
12. A word often used in March to describe good fortune.
13. Something kids love to fly on a windy March day.

Word Search

Solutions on Pg. 25



ST. PATRICK'S DAY *Word Search*

A 15x15 grid of letters for a word search. The letters are arranged in a 15x15 grid within a dashed border.

| | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | O | T | P | W | J | Q | N | Z | G | S | D | W | D | J | W | I | Q | X |
| V | P | Q | L | E | G | E | N | D | N | E | T | Q | S | A | A | Z | C | S |
| Z | J | C | E | L | T | I | C | I | R | E | L | A | N | D | B | S | E | H |
| R | D | F | U | K | H | E | O | Z | X | K | T | B | O | W | Y | E | L | A |
| M | A | O | B | N | R | C | K | S | O | D | A | B | R | E | A | D | E | M |
| D | S | I | E | P | D | R | L | G | O | X | Y | H | L | E | C | O | B | R |
| E | F | E | N | L | B | V | T | O | Z | A | D | J | R | A | Y | S | R | O |
| J | R | N | O | B | Q | D | K | C | V | O | D | O | I | E | R | K | A | C |
| G | F | G | N | X | O | Y | J | N | M | E | L | X | L | M | L | N | T | K |
| H | E | I | G | A | U | W | E | K | S | K | R | B | M | E | O | G | E | S |
| E | S | P | O | T | O | F | G | O | L | D | L | M | A | R | C | H | V | Y |
| R | T | K | O | Y | M | H | Y | O | L | Q | K | K | K | A | D | O | Z | B |
| I | I | Y | D | J | C | B | F | Q | R | Y | M | P | E | L | F | R | C | K |
| T | V | S | L | U | E | G | R | U | J | H | P | V | R | D | X | S | A | U |
| A | A | R | U | V | O | L | O | C | F | M | K | A | F | M | P | E | B | S |
| G | L | J | C | I | V | X | A | E | V | M | R | P | R | D | D | S | B | X |
| E | G | P | K | R | D | M | B | T | D | W | J | P | I | A | H | H | A | E |
| C | O | R | N | E | D | B | E | E | F | C | C | T | V | B | D | O | G | L |
| L | E | P | R | E | C | H | A | U | N | S | R | U | Q | S | K | E | E | O |

- | | | | |
|-----------|-------------|------------|-------------|
| BEER | CORNED BEEF | GREEN | MARCH |
| BLARNEY | EMERALD | HERITAGE | PARADE |
| CABBAGE | FESTIVAL | HORSESHOE | POT OF GOLD |
| CELEBRATE | FOLKLORE | IRELAND | RAINBOW |
| CELTIC | GOLD COINS | LEGEND | SHAMROCK |
| CLOVER | GOOD LUCK | LEPRECHAUN | SODA BREAD |

Word Scramble

Solutions Pg. 26

Name: _____ Date: _____



**WORD SCRAMBLE
DIRECTIONS:**
Unscramble each set
of letters to discover
a vocabulary word
relating to the fun-
filled month of March.

CNSTIE _____

TEYBUFLRT _____

TPCAIRK _____

REENG _____

RDGENA _____

REWOFL _____

IKET _____

RAMHC _____

IGNSPR _____

PAARDE _____

YDNWI _____

PCHRAUNELE _____

OLERV C _____

LOOMB _____

KULC _____

SRTAEE _____

ROWNABI _____

CICPNI _____

MHCROSKA _____

ESSOAN _____

FDOFDIAL _____

QXUNOEI _____

SBAAKETBLL _____

ODROTOS _____

Sudoku Puzzle

Solutions on Pg. 27

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 8 | 4 | | 6 | | | 7 | |
| 5 | | | | 3 | 7 | 6 | | |
| 6 | | | | | 5 | 2 | 4 | |
| 7 | 3 | | 6 | | | | 5 | |
| 4 | 5 | | 3 | | | | | 8 |
| | 9 | 6 | 5 | | | 7 | | |
| 3 | | | 7 | 4 | | | | 6 |
| | | 5 | | | 6 | | | 7 |
| 8 | | 7 | | 5 | | | | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | | | | 2 | 8 | | 6 | |
| | 1 | 9 | 6 | | | 3 | | |
| | 7 | 6 | 1 | | | | | 8 |
| 7 | | | | | 3 | 6 | 8 | |
| 4 | 8 | | | 9 | 6 | | | |
| 1 | 6 | | 8 | | | | | 3 |
| | 3 | 8 | | 6 | | | | 9 |
| 9 | | 7 | 3 | | | | 1 | |
| 6 | | | 9 | 7 | | 8 | | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | | 8 | 9 | 3 | 6 | |
| 8 | | | 3 | 6 | | | | 7 |
| | | 6 | 7 | | | 8 | | 9 |
| 9 | 2 | | | | 7 | 6 | | |
| 3 | 8 | | 6 | | | | 9 | |
| | | 7 | 1 | 9 | | | | 8 |
| 6 | 1 | | | | 8 | | 7 | |
| | 7 | 9 | 2 | | | | | 6 |
| | | 8 | 9 | | | | 5 | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 2 | | | 3 | 1 | | 4 | |
| | | 3 | | 4 | 8 | | 1 | 2 |
| 1 | | 4 | 2 | | | | | 8 |
| 8 | 6 | | 5 | | | 7 | | |
| 4 | 3 | | 1 | | | 2 | | |
| 5 | | | | | | 1 | | 3 |
| 2 | | | 3 | | | 4 | | |
| | | 7 | | 1 | | 8 | | |
| | 1 | | | | 2 | | 3 | |

Coloring Page



Coloring Page



Coloring Page



Hidden Name Contest

Congratulations!
2026 Hidden Name
Contest Winners



Staff Winner:

Erika Bowdre



Resident Winner:

Vivian McKnight

Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.



THE CHAPLAIN'S CORNER

22

WITH CHAPLAIN TIMOTHY LARK

Moving Forward with Courage

Praise God, we've made it to March, a month of transition. Winter slowly loosens its grip, days grow longer, and signs of new life begin to appear. For many Veterans, March can be a reminder that **change is possible**, even after long and difficult seasons. I'm constantly reminded that life brings changes and challenges, especially as we get older!

Throughout your lives, you have known what it means to endure. You have stood firm in moments of uncertainty, followed orders in unfamiliar territory, and learned to adapt when conditions changed. Those same qualities—strength, resilience, and courage—are still part of who you are today.

This season of life may feel quieter than others. The pace may be a little slower and the challenges totally different. Yet quieter seasons are not empty seasons. They are often for reflection, wisdom, and renewed purpose. Just as nature does its unseen work beneath the soil before spring fully arrives, God continues to work in our lives even when progress feels hidden or nonexistent.

The Bible reminds us in a well-known verse from **Isaiah 40:31** that “those who wait on or hope in the Lord will renew their strength, enabling them to soar like eagles, run without weariness, and walk without fainting.” It serves as a message of encouragement, offering Supernatural endurance and spiritual vitality to the weary. Renewal does not always mean becoming younger or stronger in body. Often, it means receiving peace of mind, a sense of comfort in the heart, and assurance that our lives still matter. I'll remind you again and again “You still matter.”

Your service has left a lasting legacy. Your stories, your presence, and even your prayers continue to shape others in ways you may never fully see. You are still serving—by encouraging one another, by sharing wisdom, and by showing what perseverance looks like over a lifetime.

As March unfolds, may it bring moments of light, reminders of hope, and reassurance that you are honored, valued, and never forgotten. May our Heavenly Father continue to bless you with the blessing that you stand in need of, each and every day!

We thank you for your service. We honor your journey. And we are grateful for you—today and always.

Your Chaplain,

Timothy E. Lark

THE CHAPLAIN'S CORNER

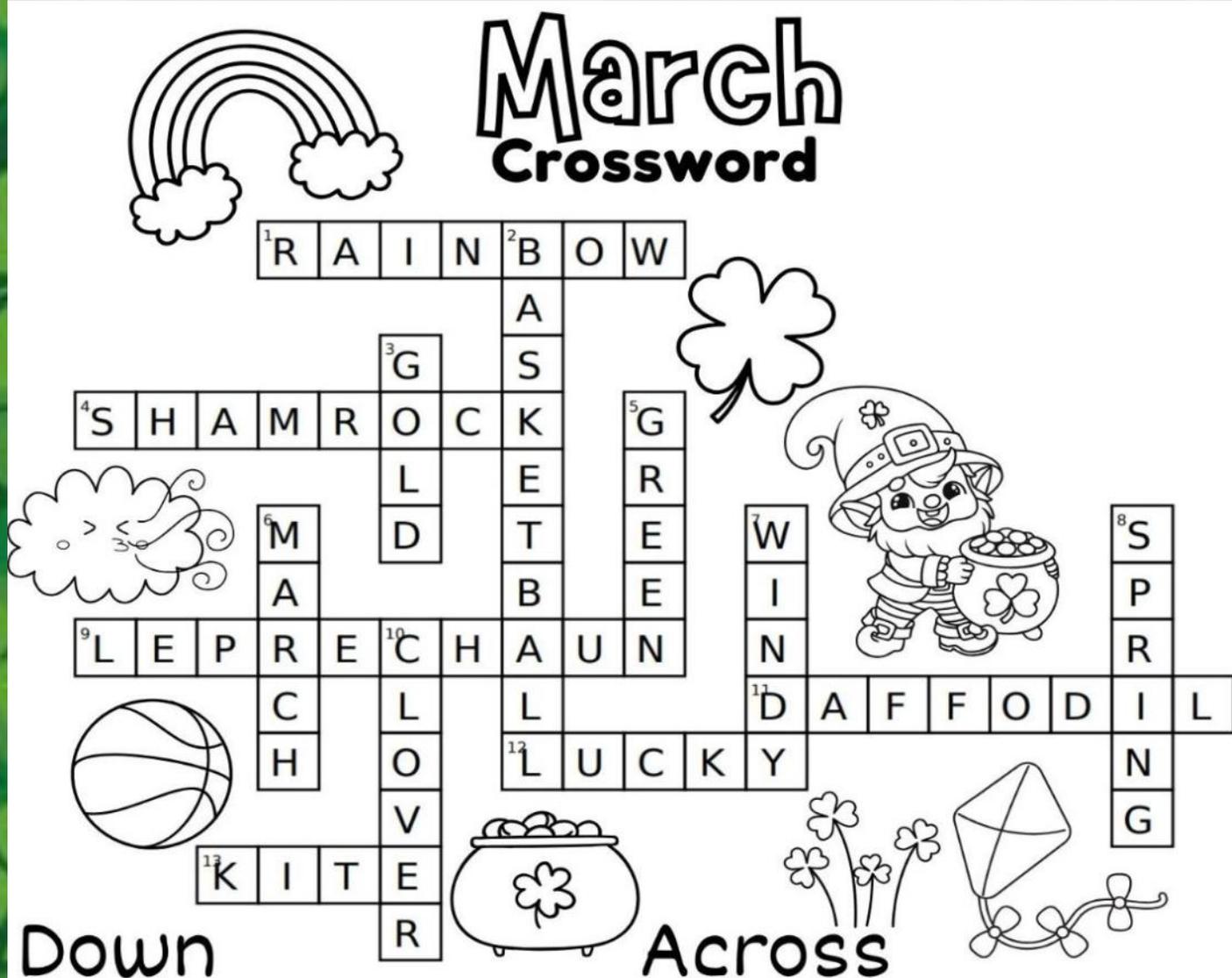
WITH CHAPLAIN TIMOTHY LARK



In Memory of:

George Tutt, Ivan Anzur, Wayne Batterman, & Richard Fries

Crossword Puzzle Solutions



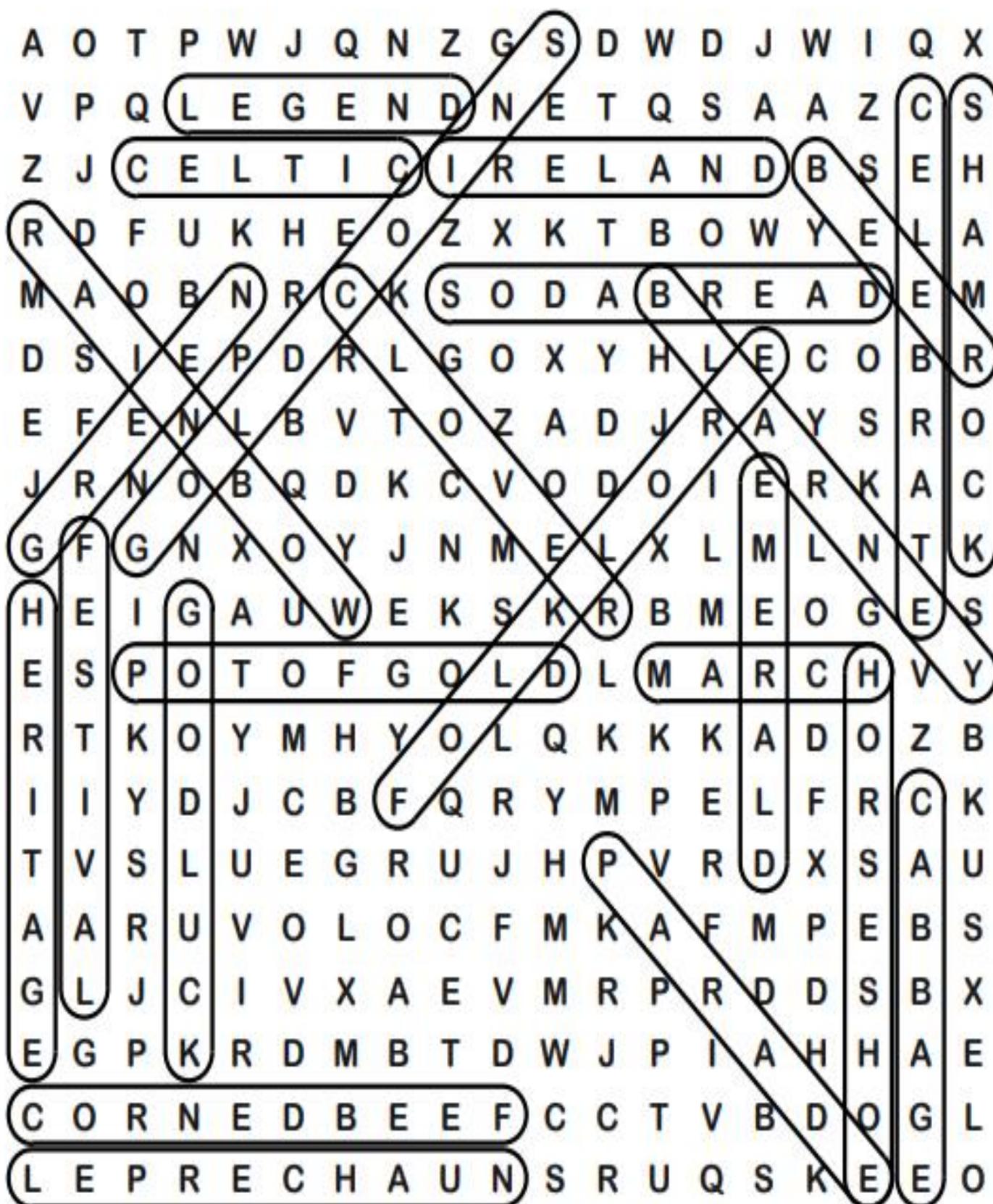
Down

2. A sport with a big tournament in March called "March Madness."
3. What a leprechaun hides at the end of a rainbow.
5. The color most people wear on St. Patrick's Day.
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13. Something kids love to fly on a windy March day.

Word Search Solutions



Word Scramble Solutions

March

Word Scramble

SOLUTION

CNSTIE

INSECT

OLERV C

CLOVER

TEYBUFLRT

BUTTERFLY

LOOMB

BLOOM

TPCAIRK

PATRICK

KULC

LUCK

REENG

GREEN

SRTAEE

EASTER

RDGENA

GARDEN

ROWNABI

RAINBOW

REWOFL

FLOWER

CICPNI

PICNIC

IKET

KITE

MHCROSKA

SHAMROCK

RAMHC

MARCH

ESSOAN

SEASON

IGNSPR

SPRING

FDOFDIAL

DAFFODIL

PAARDE

PARADE

QXUNOEI

EQUINOX

YDNWI

WINDY

SBAKETBLL

BASKETBALL

PCHRAUNELE

LEPRECHAUN

OUDROTOS

OUTDOORS

Sudoku Puzzle Solutions

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | 8 | 4 | 2 | 6 | 9 | 3 | 7 | 5 |
| 5 | 2 | 9 | 4 | 3 | 7 | 6 | 8 | 1 |
| 6 | 7 | 3 | 8 | 1 | 5 | 2 | 4 | 9 |
| 7 | 3 | 8 | 6 | 9 | 1 | 4 | 5 | 2 |
| 4 | 5 | 1 | 3 | 7 | 2 | 9 | 6 | 8 |
| 2 | 9 | 6 | 5 | 8 | 4 | 7 | 1 | 3 |
| 3 | 1 | 2 | 7 | 4 | 8 | 5 | 9 | 6 |
| 9 | 4 | 5 | 1 | 2 | 6 | 8 | 3 | 7 |
| 8 | 6 | 7 | 9 | 5 | 3 | 1 | 2 | 4 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 3 | 5 | 4 | 7 | 2 | 8 | 9 | 6 | 1 |
| 8 | 1 | 9 | 6 | 5 | 4 | 3 | 7 | 2 |
| 2 | 7 | 6 | 1 | 3 | 9 | 5 | 4 | 8 |
| 7 | 9 | 2 | 5 | 1 | 3 | 6 | 8 | 4 |
| 4 | 8 | 3 | 2 | 9 | 6 | 1 | 5 | 7 |
| 1 | 6 | 5 | 8 | 4 | 7 | 2 | 9 | 3 |
| 5 | 3 | 8 | 4 | 6 | 1 | 7 | 2 | 9 |
| 9 | 2 | 7 | 3 | 8 | 5 | 4 | 1 | 6 |
| 6 | 4 | 1 | 9 | 7 | 2 | 8 | 3 | 5 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 5 | 2 | 4 | 8 | 9 | 3 | 6 | 1 |
| 8 | 9 | 4 | 3 | 6 | 1 | 5 | 2 | 7 |
| 1 | 3 | 6 | 7 | 5 | 2 | 8 | 4 | 9 |
| 9 | 2 | 5 | 8 | 3 | 7 | 6 | 1 | 4 |
| 3 | 8 | 1 | 6 | 2 | 4 | 7 | 9 | 5 |
| 4 | 6 | 7 | 1 | 9 | 5 | 2 | 3 | 8 |
| 6 | 1 | 3 | 5 | 4 | 8 | 9 | 7 | 2 |
| 5 | 7 | 9 | 2 | 1 | 3 | 4 | 8 | 6 |
| 2 | 4 | 8 | 9 | 7 | 6 | 1 | 5 | 3 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 2 | 8 | 9 | 3 | 1 | 5 | 4 | 6 |
| 6 | 5 | 3 | 7 | 4 | 8 | 9 | 1 | 2 |
| 1 | 9 | 4 | 2 | 5 | 6 | 3 | 7 | 8 |
| 8 | 6 | 1 | 5 | 2 | 3 | 7 | 9 | 4 |
| 4 | 3 | 9 | 1 | 6 | 7 | 2 | 8 | 5 |
| 5 | 7 | 2 | 8 | 9 | 4 | 1 | 6 | 3 |
| 2 | 8 | 6 | 3 | 7 | 9 | 4 | 5 | 1 |
| 3 | 4 | 7 | 6 | 1 | 5 | 8 | 2 | 9 |
| 9 | 1 | 5 | 4 | 8 | 2 | 6 | 3 | 7 |

WISHING THESE WONDERFUL RESIDENTS AND STAFF
A HAPPY BIRTHDAY THIS MONTH!

Staff

| | |
|--------------------------|-------------|
| Ilinda Carter | 3/3 |
| Stephanie Wright | 3/8 |
| Gabriel Anthony | 3/10 |
| Santwania Basket | 3/15 |
| Dara Martin | 3/16 |
| Faith Powell | 3/19 |
| Willa Bryant | 3/24 |
| Antoinette Walker | 3/29 |
| Andrew Blout | 3/31 |



Residents

| | |
|---------------------------|-------------|
| Joshua Cazares | 3/1 |
| Irving Exum Jr. | 3/1 |
| Harry Williams Sr. | 3/3 |
| Vivian McKnight | 3/9 |
| Lester Flaherty | 3/11 |
| Mike Robinson | 3/13 |
| Larry Ratliff | 3/14 |
| Defore Holmes Jr. | 3/15 |
| Benny Polina | 3/21 |
| Danny Jones | 3/26 |
| Steve Neuhaus | 3/27 |
| George Horne | 3/29 |
| Edgar Crain | 3/30 |
| Roland Harris | 3/31 |



Resident Menu – March 2026

| Sunday 3/01 | Monday 3/02 | Tuesday 3/03 | Wednesday 3/04 | Thursday 3/05 | Friday 3/06 | Saturday 3/07 |
|---|---|--|--|--|---|--|
| Fresh Blueberries Oatmeal Scrambled Eggs Turkey Bacon Toast | Peaches Pancakes Scrambled Eggs Pork Sausage Patty | Biscuit Grits Scrambled Eggs Grilled Ham Berries | Pineapple French Toast Scrambled Eggs Turkey Sausage Patty | Fruit Grits Scrambled Eggs Bacon Toast | Strawberries Sausage & Cheese Breakfast Casserole Toast | Pears Oatmeal Scrambled Eggs Turkey Bacon Toast |
| Baked Swiss Steak Garlic Mashed Potatoes Green Beans Berry Cobbler Dinner Roll | Baked Chicken Baked Potatoes Turnip Greens Pound Cake Dinner Roll | Roasted Ginger Pork Rice Pilaf Asian Vegetables Banana Pudding Dinner Roll | LUNCH Spaghetti with Meatballs Green Beans Yellow Cake Garlic Bread | Roasted Turkey With Gravy Steamed Rice Mixed Vegetables Brownie Dinner Roll | Fried Fish Rice Pilaf Collard Greens Apple Pie Dinner Roll | BBQ Chicken Roasted Sweet Potatoes Zucchini Angel Food Cake Dinner Roll |
| Grilled Pork Chop Mexican Rice Mixed Vegetables Jell-O Dinner Roll | Philly Cheesesteak Sweet Potato Fries Coleslaw Chocolate Cake | Grilled Chicken Sandwich Vegetable Soup Fruit Salad Crackers | DINNER Tuna Noodle Casserole Zucchini & Squash Ice Cream Dinner Roll | Meatloaf Mashed Potatoes Green Beans Sugar Cookie | Cheeseburger Sweet Potato Fries Mixed Vegetables Jell-O | Baked Ham Mac & Cheese Green Beans Pineapple Dinner Roll |
| Sunday 3/08 | Monday 3/09 | Tuesday 3/10 | Wednesday 3/11 | Thursday 3/12 | Friday 3/13 | Saturday 3/14 |
| Fresh Blueberries Scrambled Eggs Pork Bacon Pancakes | Pineapple Scrambled Eggs Corned Beef Hash Grits | Strawberries Scrambled Eggs Sliced Ham Breakfast Potatoes | BREAKFAST Fruit Scrambled Eggs Pork Sausage Patty French Toast | Fruit Cup Scrambled Eggs Turkey Bacon Hash Browns | Pears Scrambled Eggs Biscuit with Sausage Gravy | Grapes Scrambled Eggs Turkey Sausage Patty Pancakes |
| Country Fried Steak Steamed Potatoes Green Beans Key Lime Pie Dinner Roll | Chicken Pot Pie Brussels Sprouts Cobbler Dinner Roll | BBQ Pork Loin Butter Beans Cabbage Rice Krispie Treat Cornbread | LUNCH Shrimp Creole White Rice Lemon Meringue Pie Dinner Roll | Pork Chop Black Eyed Peas Green Beans Cornbread Chocolate Cake | Crispy Baked Tilapia Hushpuppies Collard Greens Banana Pudding Cornbread | Chicken & Dumplings Steamed Broccoli Apple Pie |
| Fried Chicken Sweet Potato Squash Ice Cream Cornbread | Hot Dog on a Bun Baked Beans Asian Slaw Chocolate Pudding | Chicken Alfredo Broccoli Garlic Bread Chocolate Chip Cookie | DINNER Lasagna Steamed Spinach Peaches Garlic Bread | Brunswick Stew Rice Ice Cream Dinner Roll | Chicken Tenders French Fries Mixed Vegetables Peanut Butter Cookie | Cheeseburger Potato Salad Green Beans Fruit Cup |

Menu items are subject to change based on supply and availability.

Resident Menu – March 2026

| Sunday 3/15 | Monday 3/16 | Tuesday 3/17 | Wednesday 3/18 | Thursday 3/19 | Friday 3/20 | Saturday 3/21 |
|---|---|---|---|---|--|--|
| Blueberries French Toast Scrambled Eggs Turkey Sausage Links | Fruit Cup Biscuit with Gravy Scrambled Eggs Turkey Bacon | Pears Grits Scrambled Eggs Sausage Links Toast | Peaches Banana Pancakes Scrambled Eggs Turkey Bacon | Applesauce Grits Potato Vegetable Skillet Bacon | Pears Scrambled Eggs Oatmeal with Berries Turkey Sausage | Fruit Cup Hash Browns Scrambled Eggs Sausage Toast |
| BREAKFAST | | | | | | |
| Southwest Chicken Thighs Black Beans & Rice Grilled Peppers & Onions Banana Pudding Dinner Roll | Shrimp Grits Green Beans Blueberry Crisp Dinner Roll | BBQ Pork Loin Roasted Potatoes Spinach Vanilla Pudding Cornbread Muffin | Chicken Marsala Fettuccine Noodles Broccoli Ice Cream Garlic Bread | Lemon Pepper Chicken Orzo Green Beans Pound Cake Bread | Beef Stew Rice Brussels Sprouts Peach Cobbler Dinner Roll | Teriyaki Chicken Fried Rice Stir Fry Vegetables Oatmeal Raisin Cookie Dinner Roll |
| LUNCH | | | | | | |
| Shepherd's Pie Apple Pie Dinner Roll | Pasta Roll Broccoli Sugar Cookies | Corned Beef Cabbage Boiled Potatoes Ice Cream Dinner Roll | Turkey Burger Potato Wedges Apple with Cinnamon | Hot Dog Coleslaw Brownie | BBQ Chicken Mashed Sweet Potatoes Green Beans Rice Krispie Treat | Spaghetti with Meat Sauce Mixed Vegetables Chocolate Pie |
| DINNER | | | | | | |
| BREAKFAST | | | | | | |
| Fruit Oatmeal Scrambled Eggs Turkey Sausage Patty | Pineapple Grits Sausage & Cheese Breakfast Casserole | Fruit Cream of Wheat Scrambled Eggs Grilled Ham Toast | Peaches Grits Scrambled Eggs Turkey Bacon | Fresh Blueberries French Toast Scrambled Eggs Grilled Ham | Pears Scrambled Eggs Biscuit with Sausage Gravy | Grapes Oatmeal Scrambled Eggs Bacon Toast |
| LUNCH | | | | | | |
| Roasted Pork Loin Dijon Roasted Potatoes Mixed Vegetables Ice Cream Cornbread | Salisbury Steak Mashed Potatoes Broccoli Cookie Dinner Roll | Fried Fish Baked Yams Green Beans Pie Dinner Roll | Meat Loaf Mashed Potatoes Roasted Vegetables Angel Food Cake with Strawberries Dinner Roll | Teriyaki Chicken Fried Rice Oriental Vegetables Peaches Dinner Roll | BBQ Pork Rib Mac & Cheese Collard Greens Watermelon Dinner Roll | Cajun Chicken Pasta Squash Medley Cookie Dinner Roll |
| DINNER | | | | | | |
| Baked Ham Turnip Greens Mac & Cheese Peach Cobbler Cornbread | BBQ Pork Sandwich Coleslaw Baked Beans Fruit | Beef Stroganoff Green Peas Garlic Bread Chocolate Pudding | Greek Chicken Zucchini Rice Pilaf Chocolate Chip Cookie | Philly Cheesesteak Steamed Carrots Baked Fries Vanilla Pudding | Lasagna Green Beans Garlic Bread Cobbler | Sloppy Joe Sandwich Roasted Zucchini Baked Chips Jell-O |

Menu items are subject to change based on supply and availability.

Resident Menu – March 2026

| Sunday 3/29 | Monday 3/30 | Tuesday 3/31 | Wednesday 4/1 | Thursday 4/2 | Friday 4/3 | Saturday 4/4 |
|---|---|---|---|---|---|---|
| BREAKFAST | | | | | | |
| Fruit Scrambled Eggs Corned Beef Hash Grits | Pears Scrambled Eggs Sausage Crispy Hash Browns | Fruit Scrambled Eggs Sliced Ham Pancakes | Pineapple Scrambled Eggs Biscuit with Sausage Gravy | Peaches Scrambled Eggs Pork Bacon French Toast | Strawberries Sausage & Cheese Breakfast Casserole Toast | Fruit Scrambled Eggs Turkey Sausage Patty Banana Muffin |
| LUNCH | | | | | | |
| Baked Ham Cornbread Stuffing Green Beans Chocolate Cake Dinner Roll | Smothered Pork Chop Roasted Yams Green Peas Fruit Cobbler Dinner Roll | Baked Ziti Garlic Bread Spinach Jell-O | Fried Shrimp Hushpuppies Coleslaw Cookie | Country Fried Steak Baked Sweet Potato Steamed Cabbage Snickerdoodle Cookie Dinner Roll | Fried Chicken Roasted Potatoes Collard Greens Pudding Cornbread | Sausage, Peppers & Onions Vegetable Medley Jell-O Dinner Roll |
| DINNER | | | | | | |
| Grilled Chicken Lima Beans Glazed Carrots Vanilla Pudding | Cheeseburger Fries Peaches Coleslaw | Italian Pork Loin Pinto Beans Squash & Red Peppers Pudding | Lemon Pepper Chicken Roasted Potatoes Spinach Rice Krispie Treat | Roast Beef Mashed Potatoes Brussels Sprouts Fruit | Spaghetti with Meat Sauce Mixed Vegetables Garlic Bread Grapes | Chicken Tenders Potato Wedges Steamed Carrots Ice Cream |
| Menu items are subject to change based on supply and availability. | | | | | | |



Alternate Menu

- **Sandwich - Turkey, Ham, Peanut Butter & Jelly**
- **Hot Sandwiches - Hamburger, Hot Dog, Grilled Cheese, Grilled Ham & Cheese**
- **Soup - Tomato, Vegetable, & Chicken Noodle**
- **Chicken Tenders**
- **Chicken Pot Pie**
- **Chef Salad**



March 26



| Sun. | Monday | Tuesday | Wednesday | Thursday | Friday | Sat. |
|---|---|---|---|--|---|---|
| 1 Faith Baptist Church @ 2:30 | 2 9:30 Monday Music 10:00 Parachute Pop 2:30 AL Post 192 Valentines Party | 3 9:30 Coffee & News 10:00 Game Shows with Me! 2:30 Paint with Me! 7:00 CVMA Riders BINGO | 4 8:30 3 rd Floor Barber 9:30 Puzzle Palooza 2:30 DAV BINGO (3 rd) | 5 9:00 Movie & Popcorn on each unit 2:30 DAV Ice Cream Social (4 th) | 6 9:30 Today in History 10:00 The Word with Chaplain Lark 2:30 Wood Working | 7 Family Visits |
| 8 St. Paul's Ice Cream Social @ 2:30 | 9 9:30 Monday Music 10:00 Love Letters to Loved Ones 2:30 Party Like its 1926! | 10 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Minute To Win It | 11 8:30 4 th Floor Barber 10:00 Chaplain Larry 10:00 Flower Club (5 th) 2:30 Elks Lodge 205 BINGO (2 nd) | 12 9:00 Movie & Popcorn on each unit 2:30 Cup Stacking Challenge | 13 9:30 Today in History 10:00 Putt-Putt Golf & Games 2:30 Sunshine & Chalk Art | 14 Faith Out Reach (2 nd Floor) @ 10:00 |
| 15 Mackey House Music @ 2:30 | 16 9:30 Monday Music 10:00 Puzzles 2:30 Octaband 7:00 Stretch BINGO | 17 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 St. Patrick's Day Celebration | 18 8:30 2 nd Floor Barber 9:30 Bike Club 2:30 Retro Recipes Tasting | 19 9:30 Movie & Popcorn on each unit 2:30 AL Social 192 7:00 Late Night Karaoke | 20 9:30 Today in History 10:00 Fun & Games 2:30 Wood Working | 21 McKnight BINGO @ 2:30pm |
| 22 Church of Christ | 23 9:30 Monday Music 10:00 Balloon Boxing 2:30 BINGO | 24 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Sunshine & Chalk Art | 25 8:30 5 th Floor Barber 9:30 Bike Club 10:00 Chaplain Larry 2:30 Birthday Party With VFW (4 th) | 26 9:00 Movie & Popcorn on each unit 2:30 AL Post 192 Social (2 nd) | 27 9:30 Today in History 10:00 The Word with Chaplain Lark 2:30 Octaband Stretch | 28 Family Visits |
| 29 Family Visits | 30 9:30 Monday Music 10:00 Word Puzzles 2:30 BINGO | 31 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 AL Post 205 Social (4 th) | | | | |

Activities are subject to change based on Resident interest and safety. One-on-one activities occur on each floor.



Thank You!



**TO ALL OF OUR VETERANS,
FAMILIES, FRIENDS, STAFF,
FACULTY, AND
CONTRIBUTORS.**



GEORGIA WAR VETERANS NURSING HOME