



VET★COM

TAKE A PEEK AT WHAT'S HAPPENING HERE AT THE
BLUE GOOSE

GEORGIA WAR VETERANS NURSING HOME

January 2026



FEATURING

- Donations & Contributions Pgs. 3-5
- Warrior of the Month Pg. 6
- Puzzles Pgs. 19-22
- Coloring Pages Pgs. 23-26
- Hidden Name Contest Winners Pg. 27
- Chaplain's Corner Pgs. 28-29
- Puzzle Solutions Pgs. 30-33
- Monthly Menu Pgs. 35-38
- Activities Calendar Pg. 39

GEORGIA WAR
WOULD LIKE TO WISH
YOU A MONTH FILLED
WITH LOVE, PEACE, AND
JOY.

WELCOME

Daniel Rich

Irving Exum

Activated Insights Honorable Mentions

Dr. Sams

Karen Monaco

Kay Roland

Alicia Alvarado

Angela Jones

Quentarius Robinson

Jessica Castro-Almazan

Sharon Davis-Martin

Sharon Neely

Amy Green

Lindsay Mouchet

Faith Powell

Carolyn Harris

Altheia Howard

2nd Floor Nursing Staff

Constance Jones

Debra Fields

2026
*happy
new year*

DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

**American Legion Department
of Georgia**

Body wash, snack cakes, razors,
toiletries, and puzzle books

**American Legion Post 192
Auxiliary**

Ice cream social, snack cakes,
razors, body wash, toiletries, and
BINGO & lunch outing

Botsford Baptist Church

Individual veteran presents

**American Legion Post 205
Auxiliary**

Pizza Social

Chaplain Larry Jesion

Church service

Combat Vets Motorcycle Club

Poker Run Donation/Bike Show,
BINGO prizes, and candy

DAV Department of Georgia

Monetary donation, soda, snacks,
toiletries, and caroling

DAV Auxiliary

Ice cream social

Elks Lodge 205

BINGO

**Evans VFW and Department
of Georgia**

Birthday gifts

Mackey House Music

Live music

Ms. Ray of Light

Holiday gift bags and pictures

DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and/or services to GWVNH:

Project Lifting Spirits

Holiday movie, hot cocoa, holiday treats & gifts/cards

Faith Outreach Youth

Snack and Social

First Baptist Church

Sunday Church Service

VFW Auxiliary Department of Georgia

Birthday cake and ice cream

VFW Post 12190

Holiday cards

WRDW

Catered breakfast & product drive

Textron

Holiday gift bags

Westmont Elementary School

Holiday cards

CT Walker Elementary School

Holiday cards

The Real Mr. & Mrs. Claus

Visit and cookies

Queen IV of Olympus

Crochet lap blankets

2025 - 2026

American Legion Post 192

Holiday cards, cider, cookies, and Santa photo cards

Thank You

The following individuals/organizations made contributions to
our Resident Benefit Fund:

Disabled American Veterans Pendleton King Chapter 10

Disabled American Veterans Department of Georgia

Carolyn Kershner

Otis Smith

Ann Hill

Birthstone: The Garnet

Birth Flowers: Carnation and the Snowdrop

Dates to Remember:

- Jan 1 - New Year's Day**
- Jan 6 - Epiphany (Three Kings Day)**
- Jan 15 - National Hat Day**
- Jan 17 - Benjamin Franklin Day**
- Jan 19 - Martin Luther King Jr. Day**
- Jan 27 - International Holocaust Remembrance Day**



WARRIOR OF THE MONTH



Some days I need the music.
Some days I need the words.

Some days the melodies heal me.
Some days it's the familiar lines I've heard before—when the world grows loud and heavy, and I feel lost in my emotions. Some days, it's the lyrics that heal.

January's Warrior of the Month embodies this very truth and has passed it on to his students through both passion and example. Mr. Northal "Not" Gaddy is a man shaped by sheet music and melody. Music lives in

his DNA. It drives him at his core and has been the tool he used to heal a broken heart, build a successful business, bond with his children, and unlock creativity in countless men and women who sought to do the same.

Mr. Gaddy has a song for every occasion, and when one doesn't quite fit or can't be found he simply creates his own. When words fail him, music is always there to lift him up.

I have been fortunate to know Mr. Gaddy for many years, though unbeknownst to him, I knew of him long before we officially met through my sister, Tina, who worked for him when we were younger. The passion and drive he demonstrated more than twenty years ago is still very much alive today. While the tempo of his life may have slowed, the heart of an artist beats just as strongly.

Mr. Gaddy's deep appreciation for life, creativity, and possibility is something we should all carry with us into the new year. No matter what we faced this past year, let us join Mr. Gaddy in finding the song that speaks to us—and when that song doesn't seem to exist, may we have the courage to write a new one.

Congratulations, Mr. Gaddy, on being named the first Warrior of the Month for 2026, January's true rock star.

Heather D. Nichols
Director of Activities

VISIT WITH THE VETS



VISIT WITH THE VETS



VISIT WITH THE VETS



VISIT FROM MR. & MRS. CLAUS!



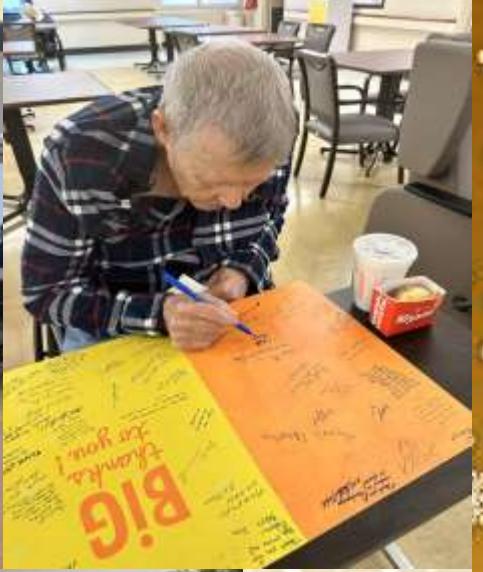
CHRISTMAS GIFTS



BREAKFAST FROM WRDW



ARTS & CRAFTS



DOOR DECORATING WINNERS!



DOOR DECORATING CONTEST



TERESA RYANS RETIRES!



STAFF HOLIDAY PARTY



STAFF HOLIDAY PARTY



RIDDLE ME THIS

SOLUTIONS ON PG. 30

1. I can be round, white, and shaped like a ball. Yet, I cannot be dribbled or bounced at all. What am I?
2. I mark a beginning that's fresh and true, I follow December and bring resolutions too. What am I?
3. I have a carrot nose, a top hat, and a smile, built in January snow. What am I?
4. What do snowmen do on New Year's Day?



WORD SCRAMBLE

SOLUTIONS ON PG. 30

WORD BANK

NEW YEAR
FIREWORKS
RESOLUTION
CHOCOLATE
SCARF
MLK DAY
JANUARY
CAPRICORN
FIREPLACE

E R E N A Y W : _____

J Y R A U N A : _____

Y D M K A L : _____

R K F R I E W O S : _____

R E I C A F P L E : _____

F A C S R : _____

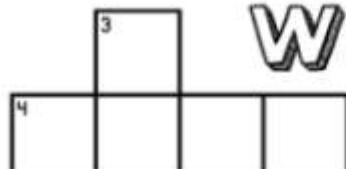
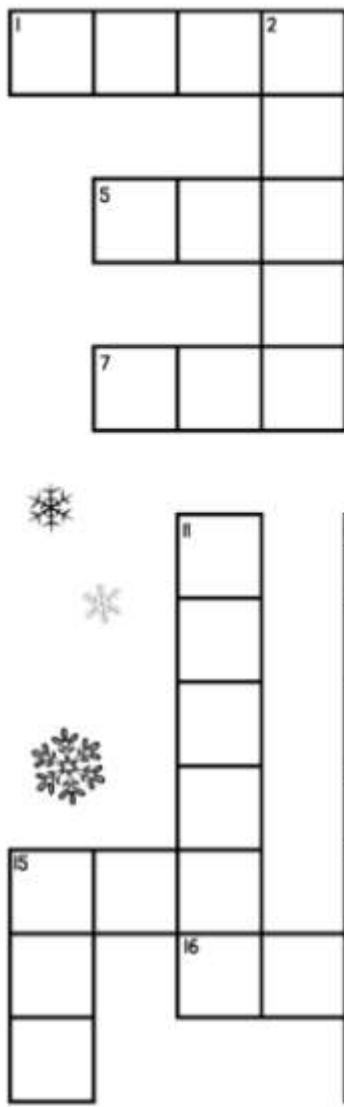
E C T H A O C O L : _____

N R O E I S T O L U : _____

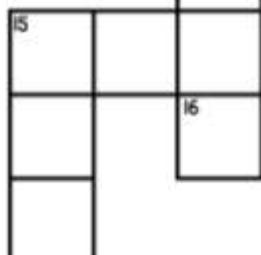
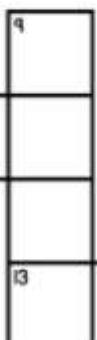
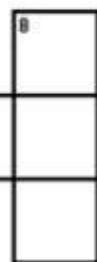
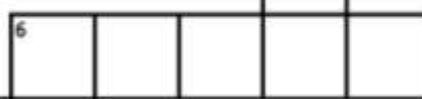
P I R C R O N A C : _____

CROSSWORD PUZZLE

SOLUTIONS ON PG. 31



WINTER



ACROSS

- soft, white pieces of frozen water that falls to the ground
- opposite of hot
- to move on snow with long narrow strips attached to the feet
- footwear in the winter
- Dress warm so you don't ____.
- children like to throw one of these
- "The snow is 2 feet ____."
- the coldest season of the year
- frozen water
- "We like to go ____ on the pond in the winter."

DOWN

- the color of fresh snow
- a piece of clothing worn to keep warm
- "The temperature fell ____ zero last night."
- a covering to keep the head warm
- an outdoor winter toy for kids to slide down snowy hills
- Be careful not to ____ and fall on the ice.
- special shoes for ice
- a model of a person made with snow
- In the winter, the roads can be ____.



WORD SEARCH

SOLUTIONS ON PG. 32

WINTER

U	O	K	S	E	K	A	L	F	U	H	Q	E	T	T	G	G
O	L	M	L	H	O	P	D	G	O	V	A	E	Q	F	S	R
S	F	R	O	S	T	Y	Q	C	I	R	E	E	Y	V	H	E
L	C	K	E	U	B	R	K	M	M	L	C	O	P	Q	S	T
M	A	A	G	L	R	E	B	U	S	O	O	S	P	O	N	N
Q	Y	Y	R	S	Y	C	F	O	C	P	F	Y	I	H	O	I
U	I	R	E	F	D	F	Z	O	O	N	R	N	N	T	W	W
F	M	T	A	R	S	W	A	W	S	T	O	S	A	M	U	G
T	S	D	R	U	S	D	H	G	N	D	S	H	Z	A	V	G
O	O	O	W	A	N	H	J	L	O	A	T	W	K	P	I	N
F	Y	H	L	T	E	A	D	O	W	I	B	E	H	U	Z	I
L	T	O	L	B	L	H	J	V	M	G	I	Z	X	I	C	Z
A	L	E	V	O	H	S	I	E	A	L	T	M	R	O	T	E
N	M	Z	T	T	Y	W	X	S	N	O	T	T	L	R	N	E
N	E	H	C	N	A	L	A	V	A	O	E	D	D	Y	I	R
E	Q	B	B	L	U	S	T	E	R	Y	N	Y	Z	O	C	F
L	M	R	A	W	K	F	V	D	E	L	S	B	O	B	G	B

FROSTBITTEN	AVALANCHE	EARMUFFS	BLUSTERY	FREEZING
BOBSLED	FLANNEL	JANUARY	SNOWMAN	WINTER
HOCKEY	LAYERS	SHOVEL	FROSTY	GLOVES
FLAKES	NIPPY	SLEET	SLUSH	BOOTS
IGLOO	WHITE	SCARF	COCOA	HEART
MELT	COZY	WARM	COLD	SNOW
MUG	HAT	HOT		

SCAVENGER HUNT

SOLUTIONS ON PG. 33



These (5) items below are hidden throughout the January issue of the Vet Com



PG. _____



PG. _____



PG. _____



PG. _____



PG. _____

Jessica Castro-Almazan

SUDOKU PUZZLE

SOLUTIONS ON PG. 33

7			2			4	6	
6				8	9			
2		8		7	1	5		
	8	4		9	7			
7	1					5	9	
		1	3		4	8		
6	9	7		2			8	
5	8				6			
4	3		8		7			

PUZZLE 1

	6	5						8
	9	5						2
7			9			3		
				4		2	7	
			8	7	3			
	7	9	5					
		2		8				9
	5				8	1		
3				5	4			

PUZZLE 2

COLORING PAGE



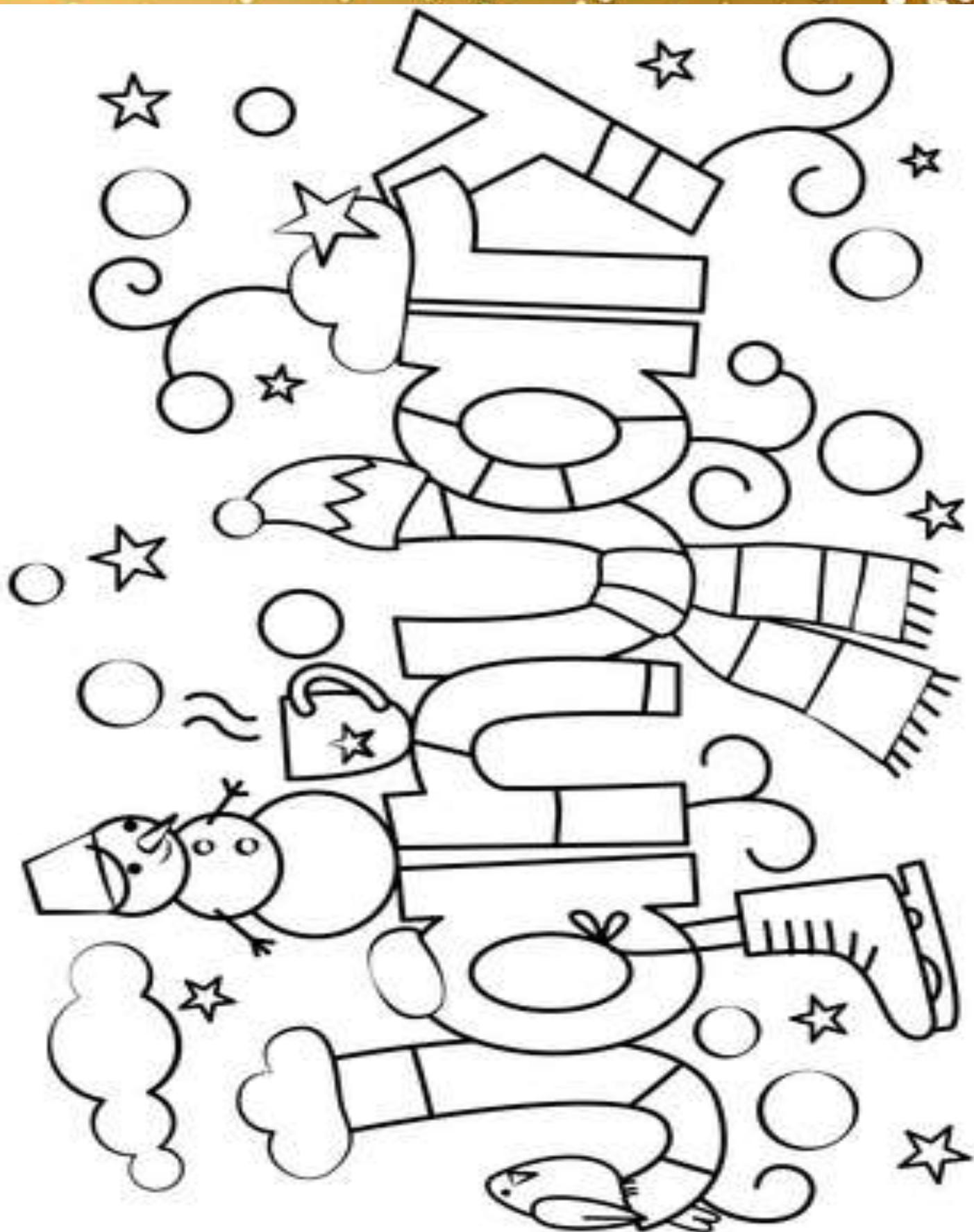
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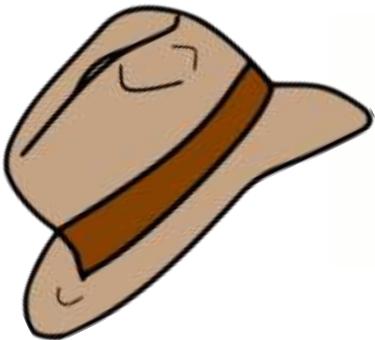
COLORING PAGE



COLORING PAGE



HIDDEN NAME CONTEST

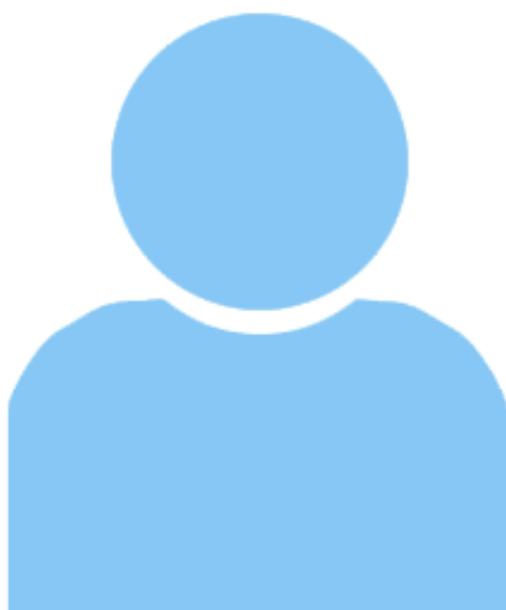


Congratulations!

December 2025 Hidden Name
Contest Winners



William Verner



**Oops! Our Staff Member
did not find their name**

Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!



THE CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

Welcoming the New Year and Honoring Our Veterans:

Praise God for allowing us to make it through last year into the new year of 2026!

Proverbs 3:5–6 (NKJV)

"Trust in the Lord with all your heart... and He shall direct your paths."

As we are in this new year and move into unknown days ahead, God promises direction. The New Year does not require us to have everything all figured out; we are asked to trust the One who already knows the way!

To the veterans here at the Georgia War Veterans Nursing Home, "The Blue Goose," who call this their home: thank you. Your lives continue to shape our community and our country. Your presence is a gift, and your stories are treasures. As we celebrate this New Year, we celebrate and honor not just where you have been, but who you are today. As we step into a new year, our thoughts turn to new beginnings, fresh goals, and the hope of better days ahead. For veterans, this season can hold a deeper meaning—an opportunity to reflect on service, honor, sacrifices, and embracing the journey forward with resilience and pride.

Allow me to encourage our staff to begin this year with a renewed promise: to provide exceptional care, heartfelt companionship, and a respectful environment where veterans feel valued every day. The New Year symbolizes more than just turning a calendar page; it is a chance to strengthen our community and create meaningful moments.

From holiday gatherings to daily routines, our goal is to make sure each veteran knows they are appreciated and loved. Their well-being—spiritual, emotional, and physical—remains at the center of everything we do.

May the coming year bring peace, comfort, good health, and many joyful moments.

Happy New Year to our heroes—today and always.

Timothy E. Lark
Chaplain



THE CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

Still A Soldier

by Timothy Emmons

I lay here today a soldier

I know some don't understand

I will try to explain

So maybe you can

I served my country

For many a year

I retired long ago

The soldier still here

I put on my uniform

I wore it to foreign lands

The soldier I was

Is still in the man

I have been a husband, father, and friend

To some of you here

But I've been a soldier all along

Even after so many a year

My final salute

I render today

I'm still a soldier

I'm just on my way.

In Memory of

George Varnedoe, William Deason, Claude Dailey, & Joseph Duncan

RIDDLE ME THIS

SOLUTIONS

1. I can be round, white, and shaped like a ball. Yet, I cannot be dribbled or bounced at all. What am I? Answer: A Snowball
2. I mark a beginning that's fresh and true, I follow December and bring resolutions too. What am I? Answer: January
3. I have a carrot nose, a top hat, and a smile, built in January snow. What am I? Answer: A Snowman
4. What do snowmen do on New Year's Day? Answer: Chill Out!

WORD SCRAMBLE

SOLUTIONS

WORD BANK

NEW YEAR
FIREWORKS
RESOLUTION
CHOCOLATE
SCARF
MLK DAY
JANUARY
CAPRICORN

ERENAYW : NEW YEAR
JYRAUNA : JANUARY
YDMKAL : MLK DAY
RKFRIEWOS : FIREWORKS
REICAFPLE : FIREPLACE
FACSR : SCARF
ECTHAOCOL : CHOCOLATE
NROEISTOLU : RESOLUTION
PIRCRONAC : CAPRICORN

CROSSWORD PUZZLE

SOLUTIONS

1	S	N	O	W	2
				H	
5	S	K	I		
			T		
7	F	R	E	E	Z



3	C				
4	C	O	L	D	
		A			
6	B	O	O	T	S

WINTER

8	S					
9	K					
10	A					
11	T					
15	I	C	E	M		
16	C			S	K	A
	Y			T	I	N

12	S	N	O	W	B	A	L	L	
	N			W			T		
	O								
14	W	I	N	T	E	R			

8	H					
9	S					
10	L					
	E					
13	D	E	E	P		



ACROSS

- soft, white pieces of frozen water that falls to the ground
- opposite of hot
- to move on snow with long narrow strips attached to the feet
- footwear in the winter
- Dress warm so you don't ____.
- children like to throw one of these
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DOWN

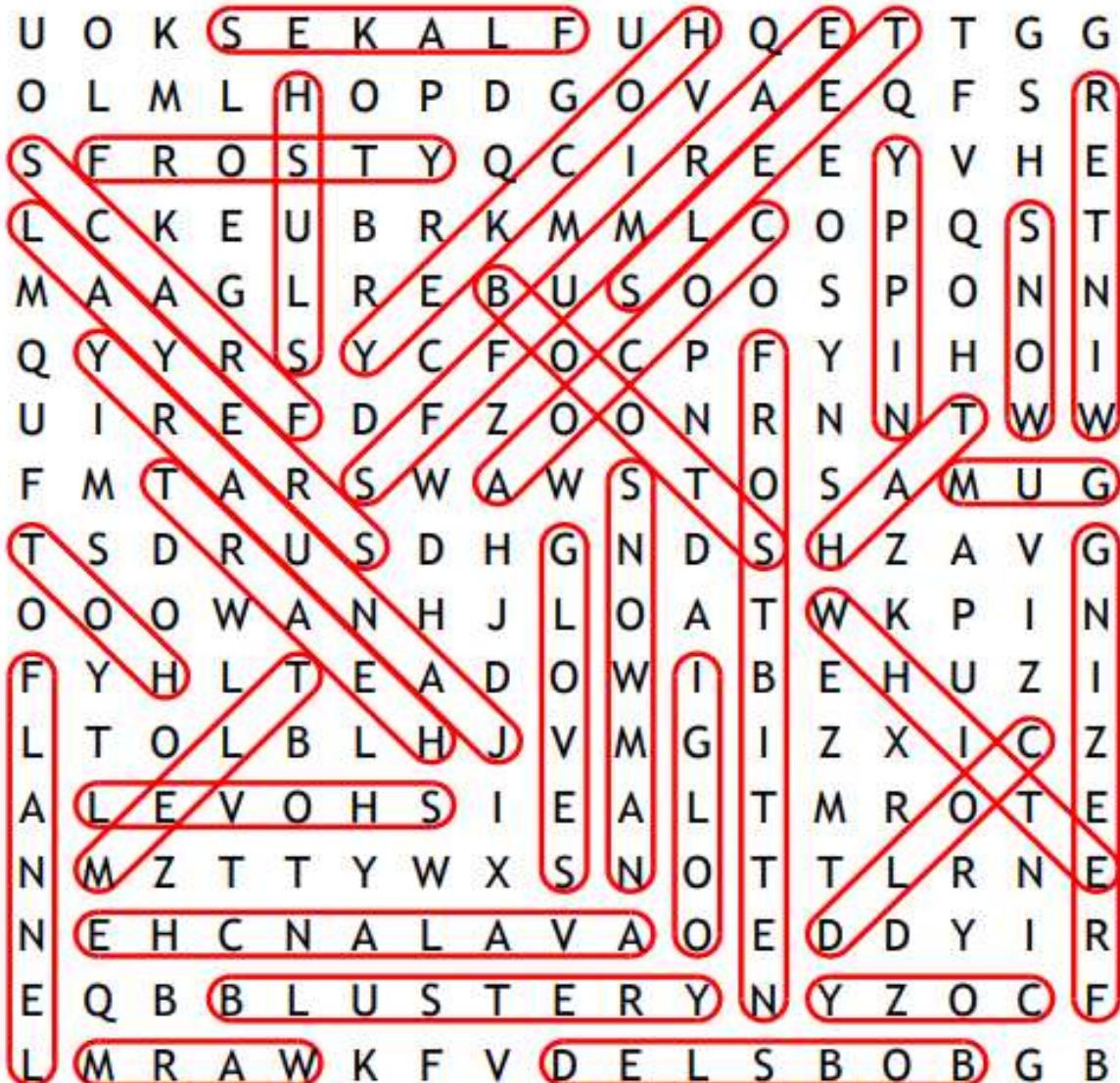
- the color of fresh snow
- a piece of clothing worn to keep warm
- "The temperature fell ____ zero last night."
- a covering to keep the head warm
- an outdoor winter toy for kids to slide down snowy hills
- Be careful not to ____ and fall on the ice.
- special shoes for ice
- a model of a person made with snow
- In the winter, the roads can be ____.



WORD SEARCH

SOLUTIONS

WINTER



FROSTBITTEN	AVALANCHE	EARMUFFS	BLUSTERY	FREEZING
BOBSLED	FLANNEL	JANUARY	SNOWMAN	WINTER
HOCKEY	LAYERS	SHOVEL	FROSTY	GLOVES
FLAKES	NIPPY	SLEET	SLUSH	BOOTS
IGLOO	WHITE	SCARF	COCOA	HEART
MELT	COZY	WARM	COLD	SNOW
MUG	HAT	HOT		

SCAVENGER HUNT

SOLUTIONS



These (5) items below are hidden throughout the January's issue of the Vet



1. Pg.20



2. Pg.28



3. Pg.13



4. Pg.5



5. Pg.19

SUDOKU PUZZLE

SOLUTIONS

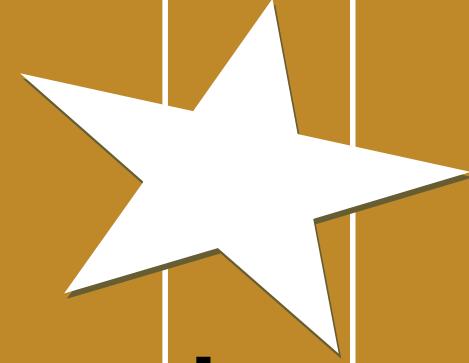
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3	6	1	7	5	4	8	9	2
2	4	9	8	6	3	7	1	5
5	8	4	6	9	7	1	2	3
7	1	3	2	4	8	6	5	9
9	2	6	1	3	5	4	8	7
6	9	7	4	1	2	5	3	8
1	5	8	3	7	9	2	6	4
4	3	2	5	8	6	9	7	1

PUZZLE 1

1	3	6	5	2	4	7	9	8
8	9	5	3	6	7	1	2	4
7	2	4	9	8	1	3	5	6
5	8	3	6	4	9	2	7	1
2	6	1	8	7	3	9	4	5
4	7	9	1	5	2	6	8	3
6	4	2	7	1	8	5	3	9
9	5	7	4	3	6	8	1	2
3	1	8	2	9	5	4	6	7

PUZZLE 2

Happy Birthday



WISHING THESE WONDERFUL RESIDENTS AND STAFF
A HAPPY BIRTHDAY THIS MONTH!

Residents

Charles Mayberry	Jan 2
Randall Hirsch	Jan 4
Robert Beverly	Jan 5
Nathaniel Mitchell	Jan 10
Paul Smith Jr	Jan 17
Melton Brimfield Jr.	Jan 20
Monica Toney	Jan 25
Richard Fries	Jan 26
Jimmy Jones	Jan 27
John Naldrett	Jan 29
George Tutt	Jan 29
Northal Gaddy Sr.	Jan 30

Staff

Brynor Lovett	Jan 1
Linda Barlett	Jan 2
Fantasia Ramsey	Jan 12
Jacquisha Dunn	Jan 20
Diane Smith	Jan 31



Resident Menu - January 2026

Sunday 12/28	Monday 12/29	Tuesday 12/30	Wednesday 12/31	Thursday 1/01	Friday 1/02	Saturday 1/03
BREAKFAST						
Fresh Blueberries	Pineapple Scrambled Eggs	Scrambled Eggs	Strawberries	Fruit	Fruit Cup	Grapes
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Pork Bacon	Corined Beef Hash	Sliced Ham	Pork Sausage Patty	Turkey Bacon	Biscuit with	Turkey Sausage Patty
Pancakes	Grits	Breakfast Potatoes	French Toast	Hash Browns	Sausage Gravy	Pancakes
LUNCH						
Country Fried Steak	Chicken Pot Pie	BBQ Pork Loin	Shrimp Creole	Pork Chop	Crispy Baked	Chicken &
Steamed Potatoes	Brussels Sprouts	Butter Beans	White Rice	Black Eyed Peas	Tilapia	Dumplings
Green Beans	Cobbler	Cabbage	Lemon Meringue	Green Beans	Hushpuppies	Steamed Broccoli
Key Lime Pie	Dinner Roll	Rice Krispie Treat	Pie	Cornbread	Collard Greens	Apple Pie
		Combread	Dinner Roll	Chocolate Cake	Banana Pudding	
				2026	Cornbread	
DINNER						
Fried Chicken	Hot Dog on a Bun	Chicken Alfredo	Lasagna	Brunswick Stew	Chicken Tenders	Cheeseburger
Sweet Potato	Baked Beans	Broccoli	Steamed Spinach	Rice	French Fries	Potato Salad
Squash	Asian Slaw	Garlic Bread	Peaches	Ice Cream	Mixed Vegetables	Green Beans
Ice Cream	Chocolate Pudding	Chocolate Chip	Garlic Bread	Dinner Roll	Peanut Butter	Fruit Cup
		Cookie			Cookie	
BREAKFAST						
Sunday 1/04	Monday 1/05	Tuesday 1/06	Wednesday 1/07	Thursday 1/08	Friday 1/09	Saturday 1/10
Blueberries	Fruit Cup	Pears	Peaches	Applesauce	Pears	Fruit Cup
French Toast	Biscuit with Gravy	Grits	Banana Pancakes	Gris	Scrambled Eggs	Hash Browns
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Potato Vegetable	Oatmeal with	Scrambled Eggs
Turkey Sausage	Turkey Bacon	Sausage Links	Turkey Bacon	Skillet	Berries	Sausage
Links		Toast		Bacon	Turkey Sausage	Toast
LUNCH						
Southwest Chicken	Shrimp Grits	BBQ Pork Loin	Chicken Marsala	Lemon Pepper	Beef Stew	Teriyaki Chicken
Thighs	Green Beans	Roasted Potatoes	Fettuccine Noodles	Chicken Orzo	Rice	Fried Rice
Black Beans & Rice	Blueberry Crisp	Spinach	Broccoli	Green Beans	Brussels Sprouts	Stir Fry Vegetables
Grilled Peppers & Onions	Dinner Roll	Vanilla Pudding	Ice Cream	Pound Cake	Peach Cobbler	Oatmeal Raisin
Banana Pudding		Combread Muffin	Garlic Bread	Bread	Dinner Roll	Cookie
Dinner Roll						Dinner Roll
DINNER						
Shepherd's Pie	Pasta Roll	Tuna Noodle	Turkey Burger	BBQ Chicken	Spaghetti with	
Apple Pie	Broccoli	Casserole	Potato Wedges	Mashed Sweet	Meat Sauce	
Dinner Roll	Sugar Cookies	Zucchini & Squash	Apple with	Potatoes	Mixed Vegetables	
		Ice Cream	Cinnamon	Green Beans	Chocolate Pie	
		Dinner Roll		Rice Krispie Treat		

Menu items are subject to change based on supply and availability.

Resident Menu - January 2026

Sunday 1/11	Monday 1/12	Tuesday 1/13	Wednesday 1/14	Thursday 1/15	Friday 1/16	Saturday 1/17
BREAKFAST						
Fruit Oatmeal Scrambled Eggs Turkey Sausage Patty	Pineapple Grits Sausage & Cheese Breakfast Casserole	Cream of Wheat Scrambled Eggs Grilled Ham Toast	Fruit Grits Scrambled Eggs Turkey Bacon	Peaches French Toast Scrambled Eggs Grilled Ham	Fresh Blueberries French Toast Scrambled Eggs Sausage Gravy	Pears Scrambled Eggs Biscuit with Sausage Gravy
Roasted Pork Loin Dijon Roasted Potatoes Mixed Vegetables Ice Cream Cornbread	Salisbury Steak Mashed Potatoes Broccoli Cookie Dinner Roll	Fried Fish Baked Yams Green Beans Pie Dinner Roll	Meat Loaf Mashed Potatoes Roasted Vegetables Angel Food Cake with Strawberries Dinner Roll	Teriyaki Chicken Fried Rice Oriental Vegetables Peaches Dinner Roll	BBQ Pork Rib Mac & Cheese Collard Greens Watermelon Dinner Roll	Cajun Chicken Pasta Squash Medley Cookie Dinner Roll
Baked Ham Turnip Greens Mac & Cheese Peach Cobbler Cornbread	BBQ Pork Sandwich Coleslaw Baked Beans Fruit	Beef Stroganoff Green Peas Garlic Bread Chocolate Pudding	Greek Chicken Zucchini Rice Pilaf Chocolate Chip Cookie	Philly Cheesesteak Steamed Carrots Baked Fries Vanilla Pudding	Lasagna Green Beans Garlic Bread Cobbler	Sloppy Joe Sandwich Roasted Zucchini Baked Chips Jell-O
BREAKFAST						
Fruit Scrambled Eggs Corned Beef Hash Grits	Pears Scrambled Eggs Sausage Crispy Hash Browns	Fruit Scrambled Eggs Sliced Ham Pancakes	Pineapple Scrambled Eggs Biscuit with Sausage Gravy	Peaches Scrambled Eggs Pork Bacon French Toast	Strawberries Sausage & Cheese Breakfast Casserole Toast	Fruit Scrambled Eggs Turkey Sausage Patty Banana Muffin
Baked Ham Cornbread Stuffing Green Beans Chocolate Cake Dinner Roll	Smothered Pork Chop Roasted Yams Green Peas Fruit Cobbler Dinner Roll	Baked Ziti Garlic Bread Spinach Jell-O	Fried Shrimp Hushpuppies Coleslaw Cookie	Country Fried Steak Baked Sweet Potato Steamed Cabbage Snickerdoodle Cookie Dinner Roll	Fried Chicken Roasted Potatoes Collard Greens Pudding Cornbread	Sausage, Peppers & Onions Vegetable Medley Jell-O Dinner Roll
Grilled Chicken Lima Beans Glazed Carrots Vanilla Pudding	Cheeseburger Fries Peaches Coleslaw	Italian Pork Loin Pinto Beans Squash & Red Peppers Pudding	Lemon Pepper Chicken Roasted Potatoes Spinach Rice Krispie Treat	Roast Beef Mashed Potatoes Brussels Sprouts Fruit	Spaghetti with Meat Sauce Mixed Vegetables Garlic Bread Grapes	Chicken Tenders Potato Wedges Steamed Carrots Ice Cream

Menu items are subject to change based on supply and availability.

Resident Menu – January 2026

Sunday 1/25	Monday 1/26	Tuesday 1/27	Wednesday 1/28	Thursday 1/29	Friday 1/30	Saturday 1/31
BREAKFAST						
Fresh Blueberries Oatmeal Scrambled Eggs Turkey Bacon Toast	Peaches Pancakes Scrambled Eggs Pork Sausage Patty	Biscuit Grits Scrambled Eggs Grilled Ham Berries	Pineapple French Toast Scrambled Eggs Turkey Sausage Patty	Fruit Grits Scrambled Eggs Bacon Toast	Strawberries Sausage & Cheese Breakfast Casserole Toast	Pears Oatmeal Scrambled Eggs Turkey Bacon Toast
Baked Swiss Steak Garlic Mashed Potatoes Green Beans Berry Cobbler Dinner Roll	Baked Chicken Baked Potatoes Turnip Greens Pound Cake Dinner Roll	Roasted Ginger Pork Rice Pilaf Asian Vegetables Banana Pudding Dinner Roll	Spaghetti with Meatballs Green Beans Yellow Cake Garlic Bread	Roasted Turkey With Gravy Steamed Rice Mixed Vegetables Brownie Dinner Roll	Fried Fish Rice Pilaf Collard Greens Apple Pie Dinner Roll	BBQ Chicken Roasted Sweet Potatoes Zucchini Angel Food Cake Dinner Roll
Grilled Pork Chop Mexican Rice Mixed Vegetables Jell-O Dinner Roll	Philly Cheesesteak Sweet Potato Fries Coleslaw Chocolate Cake	Grilled Chicken Sandwich Vegetable Soup Fruit Salad Crackers	Tuna Noodle Casserole Zucchini & Squash Ice Cream Dinner Roll	Meatloaf Mashed Potatoes Green Beans Sugar Cookie	Cheeseburger Sweet Potato Fries Mixed Vegetables Jell-O	Baked Ham Mac & Cheese Green Beans Pineapple Dinner Roll

Menu items are subject to change based on supply and availability.



Alternate Menu

- **Sandwich** - Turkey, Ham, Peanut Butter & Jelly
- **Hot Sandwiches** - Hamburger, Hot Dog, Grilled Cheese, Grilled Ham & Cheese
- **Soup** - Tomato, Vegetable, & Chicken Noodle
- **Chicken Tenders**
- **Chicken Pot Pie**
- **Chef Salad**



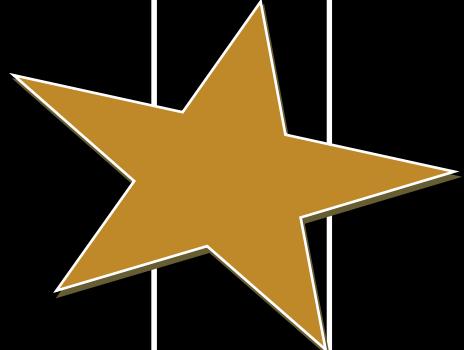
January 2026



Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
						
4	5 Faith Baptist Church @ 2:30	6 Monday Music 10:00 Parachute Pop 2:30 Solidiers Visit	7 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Painting 7:00 CVMA Riders BINGO	8 8:30 4th Floor Barber 9:30 Bike Club 2:30 DAV BINGO 	9 9:00 Movie & Popcorn on each unit 2:30 DAV Ice Cream Social	10 9:30 Today in History 10:00 The Word with Chaplain Lark 2:30 Octaband Stretch
11	12 Family Visits	13 Monday Music 10:00 Puzzles 2:30 BINGO	14 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Crafting	15 8:30 3rd Floor Barber 9:30 Bike Club 10:00 Chaplain Larry 10:00 Flower Club 2:30 Elks Lodge 205	16 9:30 Donuts & Coffee 2:30 Twisted Trivia 7:00 Evening Movie & Popcorn	17 9:30 Today in History 10:00 Fun & Games 2:30 Wood Working
18	19 Mackey House Music @2:30	20 	21 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 Morris Museum Crafts	22 8:30 2nd Floor Barber 9:30 Bike Club 10:00 Board Game Battle 2:30 Trivia Challenge	23 9:00 Movie & Popcorn on each unit 2:30 AL Post 192 Social	24 9:30 Today in History 10:00 The Word with Chaplain Lark 2:30 Octaband Stretch
25	26 Church of Christ	27 Monday Music 10:00 Balloon Boxing 2:30 UNO! 7:00 BINGO	28 9:30 Coffee & News 10:00 Game Shows with Friends 2:30 AL Post 205 Social	29 8:30 5th Floor Barber 9:30 Bike Club 10:00 Chaplain Larry 2:30 Birthday Party With VFW	30 9:30 Movie & Popcorn on each unit 2:30 Friendly Feud	31 9:30 Today in History 10:00 The Word with Chaplain Lark

Activities are subject to change based on Resident interest and safety. One-on-one activities occur on each floor

Thank You



**TO ALL OF OUR VETERANS, FAMILIES,
FRIENDS, STAFF, FACULTY, AND
CONTRIBUTORS.**



GEORGIA WAR VETERANS NURSING HOME