# **VET**\*COM

### **APRIL 2024**

#### GEORGIA WAR VETERANS NURSING HOME



### INFECTION CONTROL UPDATE

Georgia War Veterans Nursing Home currently has no positive COVID-19, influenza or RSV cases.

Beginning April 1, 2024, we will return to our normal visitation guidelines: All visitation restrictions will be lifted; masks will no longer be required (however, they are encouraged for anyone that is demonstrating cold-like/seasonal allergy symptoms). We request that if you are feeling sick or have had a fever within 24 hours of your planned visit, that you please reschedule your visit for a later time. Our Social Work staff will be available to coordinate FaceTime visits if needed.

Please keep in mind the CDC recommends that everyone stay current with their COVID vaccines, especially those with weaker immune systems and other comorbidities. However, there is still a chance that vaccinated people will get infected with the virus; therefore, we will continue to do our part by initiating our GWVNH respiratory illness plan when appropriate, in our efforts to prevent exposure and spread of the COVID-19 and other respiratory viruses such as the flu and RSV in our facility.

Thank you and if you have any questions, please feel free to reach out to us.

### **WELCOME**

Georgia War Veterans Nursing Home would like to give a warm welcome to the following new residents:

Raymon Blancos Ernest Gordon

### Pinnacle Honorable Mentions March 2024

Micah Ferguson

Constance Jones

Asia Marshall

Social Services Dept.

Debra Fields

Tiana Jones

Dr. Richard Sams

Amy Green

Chaplain Timothy Lark

**Birthstone: Diamond** 

Flowers: Daisy and Sweet Pea

**Dates to Remember:** 

**Physical Wellness Month** 

**Stress Awareness Month** 

April 01 - April Fool's Day

**April 07 - World Health Day** 

April (08-14) - Masters' Week

April 18 - Tax Day

**April 22 - Earth Day** 

**April 24 - Administrative Professionals Day** 



### DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

American Legion
Department of Georgia

Edward Smith (Brandon Wilde)

Patriotic Service Chair (Grace Simmons)

Disabled American Veterans

Therapy Dogs

Chaplain Larry Jesion

Elks Lodge 205

Mackey House Music

Faith Baptist Church

American Legion Post 192 Auxiliary

Project Lifting Spirits

American Legion Riders

Snack Cakes, Body Wash, Denture Adhesive

Calendars and Daily Planners

Coloring Books, Puzzle Books, Crayons

and Colored Pencils

BINGO, Ice Cream Social, Candy,

Toiletries, and Socks

Therapy Dogs Visit

Church Service

Sub Sandwich Party

Live Music

Sunday Church Service

Pizza, Razors, Body Wash, and Word

**Puzzles** 

Evening Movie, Pizza, Wedges and

Woods Golf Outing & Lunch

BINGO Prizes and Assistance

Debbie Yanzanko Gifts and Sweet Treats

### DONATIONS AND CONTRIBUTIONS

The following individuals/organizations contributed their time and or services to GWVNH:

Augusta Museum of Art Craft Kits

Evans VFW Birthday Party, Blankets, Cupcakes, and

Holiday Cards

Combat Vets Motorcycle BINGO and Candy

Cards Across America Cards

The following individuals/organizations made contributions to our Resident Benefit Fund:

The Combat Veterans Motorcycle Association
Mr. Stuart Bloom
Mrs. Jane Waller



# PINE NEEDLE GARDEN CLUB











# PINE NEEDLE GARDEN CLUB













# ST. PATRICK'S DAY





























# HAIRCUTS AT GEORGIA WAR



















# STAFF APPRECIATION













# M. A. JONES COURT BINGO





# **EVANS VFW BINGO**







# **SWEET TREATS**



















# **SWEET TREATS**









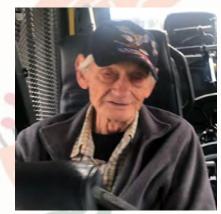






# FUN AT THE BLUE GOOSE















# FUN AT THE BLUE GOOSE













# FUN AT THE BLUE GOOSE

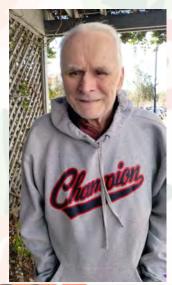
















### WARRIOR OF THE MONTH



Howard Garnell hit the ground running as a man of many talents from dominating in baseball and hockey to streamlining his latest soap box derby car. Mr. Garnell served his country after being drafted and worked as a finance clerk adding yet another talent to his roster. Mr. Garnell considers himself a hobby aficionado but mostly highlights sports and dogs to be what holds closest to his heart.

Mr. Garnell has the sweetest smile and mischievous giggle that is so infectious to those around him. If he is not trying to convince a volunteer to let him have their therapy dog or trying to talk me into bringing my own dog Kevin to work, he can be found watching movies with his fellow Veterans or

loading up for an outing. Mr. Garnell remembers his life fondly and wants to continue celebrating each day as it comes. He is grateful for his supportive family and will gladly tell you that he is a lucky guy.

Well, Mr. Garnell, we here at Georgia War are the lucky ones. We have the pleasure of spending time with you every day and even on a grumpy day we appreciate you for you. Thank you for being our Warrior of the Month!

Heather Nichols

Director of Activities





## SUDOKU PUZZLES

SOLUTIONS ON PG. 27

6							
					7	5	9
	1					4	
	5	6		3	4	9	
	2						
	5 2 8		5	7	1	3	
	9	1		5			
1		4					
8	6	2			5		

			5	9			
				6	9		7
5 4		1	7		2	4	
4					6		2
	3	2	6			9	
1		2 5	6 2	3			
	8	3				1	
					7		
			1	7	8		

# Puzzle 1

	2			4		3	
		1	9				8
	8		9 5 4				8 2 5
1			4			9	5
5		3					
					8		
	6	4		2	7		
				1		4	

# Puzzle 2

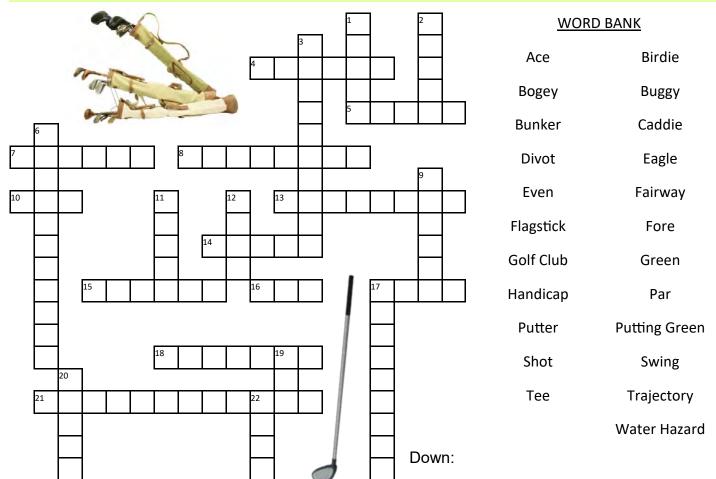
								6
	1		8				3	
7							3 5 4	
		5 2			6		4	
		2		7				
9								
	8	9		3		7		5
					2			1
		3	6					2

Puzzle 3

Puzzle 4

### CROSSWORD PUZZLE

**SOLUTIONS ON PG. 28** 



#### Across:

- 4. One score under the par for that hole
- 5. The name of the putting surface, also a color
- 7. Assistant to the golfer
- 8. The number of strokes a player is given to adjust his score to that of standard scratch
- A small peg that is put into the ground, serves as a stand for the golf ball
- A club used to hit the ball in golf, with a heavy wooden or metal head on a slender shaft
- 14. One over par for the hole
- 15. Club mainly used for striking the ball on green when putting for the hole
- The number of shots it should take to get the ball into the hole
- 17. A warning call shouted when a ball may hit another player or spectator
- The area between the tee and the green, where the grass is kept short for ball play.
- 21. A closely mowed area of grass surrounding the hole.

- 1. The action of hitting the ball
- 2. A score of two strokes less than par on a hole
- The height and angle the golf ball takes once it has made contact with the club
- 6. A hazard of water that is located on the course
- 9. A hazard filled with sand
- A piece of turf cut out when the golf club, contacts the ground
- 12. An attempt to hit the ball
- 17. A tall marker, often a metal pole with a flag at the top, used to indicate the
- 19. Synonym for hole in one
- 20. A small motor vehicle, typically with an open top, used at or on the course
- 22. Having a score equal to that of par

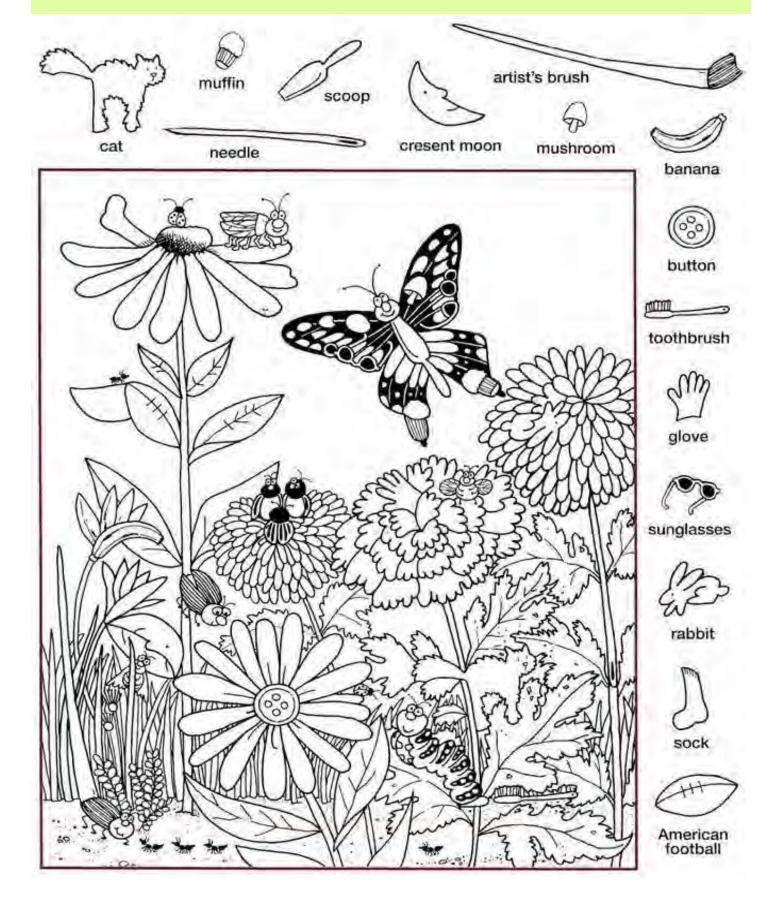
# WORD SEARCH PUZZLE

SOLUTIONS ON PG. 29

WORD BANK	Υ	D	s	Е	Е	R	Т	Ρ	G	R	Е	Е	Ν	G	Е	Е	В
Albatross	Е	Е	R	Н	0	L	Е	S	Α	0	Т	Н	L	R	Κ	R	Α
Back Nine	F	С	G	Α	S	Ε	L	U	R	С	С	R	А	С	0	0	L
Backspin	Η	D	-	0	Ζ	С	Η		Ρ	Α	I	Ρ	Α	Е	R	С	L
Ball	F	0	Α	L	В	Α	Τ	R	0	S	S	D	S	С	Τ	S	С
Birdie	L	0	L	I	S	0	Η	R	Ρ	В	D	U	Ν	R	S	S	0
Bogey	Α	W	Ε	E	Н	R	Ρ	R	Α		0	Т	0	Α	R	S	U
Bunker	G	S	R	S	I	Ρ	Ε	С	Е	Н	R	D	Е	0	Н	0	R
	S	S	0	S	Α	Ν	K	K	В	Т	Ν	G	U	Е	K	R	S
Caddie	Τ	В	С	W	Ν	Ν	0	U	Ν	0	Α	G	В	А	0	G	Е
Cart	I	U	S	ı	I	0	L	Ν	С	U	Н	W	I	G	0	F	Α
Chip	С	L	Т	Ν	G	С	R	0	Е	0	В	D	R	L	Н	F	F
Clubhouse	Κ	С	Ε	G	W	F	Α	I	R	W	Α	Υ	D	E	Α	0	L
Clubs	Κ	S	Ν	Ρ	0	E	G	Ν	Α	R	G	Ν		٧	I	R	D
Condor	I	Ν		Ρ	S	Κ	С	Α	В	E	G	D	Е	W	L	E	Е
Course	D	R	Е	Τ	Τ	U	Ρ	Τ	0	٧	I	D	R	I	٧	E	R
Divot	Gro	oss Sco	ore			Rougl	า			Wedg	ge				2005		
Driver	Ha	andica	р			Rules	i			Woo	d						
Driving Range	Но	le In C	ne			Shot											
Eagle		Holes				Slice									-		
Fairway		Hook				Strok	e										
Flagstick		Iron				Swing	3								\		
Fore	Ne	et Sco	re		٦	Γee O	ff						9	Ь			
Green		Par				Tree		4									
Grip	I	Putter			Wat	er Ha	zard		•					5			

### HIDDEN IMAGES PUZZLE

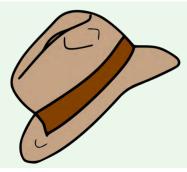
**SOLUTIONS ON PG. 30** 



# **COLORING PAGE**



### HIDDEN NAME CONTEST



# Congratulations!

March 2024 Hidden Name Contest Winners









**Sharon Davis Martin** 

Somewhere in this issue, we have hidden the names of one Georgia War Resident and one Staff Member.

If you find your name, please call the Activities Office to claim your prize.

Each month, we will randomly pick the name of one resident and one staff member. Be sure to carefully review each issue to see if your name is hidden somewhere within.

Good Luck!



### CHAPLAIN'S CORNER

WITH CHAPLAIN TIMOTHY LARK

#### Don't Worry

"Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand." Philippians 4:6-7 NLT Have you ever had anxiety over something that never happened? For instance, even before you speak with your doctor or check-in, you begin to worry about the diagnosis you will receive during your doctor's appointment. When your child leaves for college, you worry about what might happen to them since they are living away from home. While expressing concern about potential scenarios and issues is perfectly acceptable, keep in mind that once concern turns into worry, anxiety takes control of the individual. Anxiety can affect your physical, mental, and primarily spiritual well-being. I believe that we have all experienced worry at some point in our lives. Perhaps the presence of worry is unavoidable,

but to be imprisoned by it is optional.

A great deal of people are worried about what may occur tomorrow, next week, next month, or perhaps next year. Since that is all you can manage, let me encourage you to take things one day at a time.

"One Day at a Time" is a Marilyn Sellars song that I enjoy listening to. The song's chorus is especially meaningful:

"One day at a time, sweet Jesus, that's all I'm asking of You, just give me the strength to do every day that I have to do. Yesterday's gone,

sweet Jesus, and tomorrow may never be mine, Lord help me today, show me the way One day at a time."

Every week there are two days on which we should not worry—"Yesterday" with all the errors, flaws, faults, failures, bloops, blunders, aches, and pains. Realize it has passed forever and is beyond our control—no money in the world can bring it back. Remember, we cannot undo a single act we performed or erase a single word we said. The other day is "Tomorrow" with all its potential hardships, adversities, burdens, large promises, and poor performance. We also have no immediate influence over tomorrow. The sun will rise tomorrow, whether it does so in grandeur or under a veil of clouds. We have no stake in Tomorrow until it happens because it has not even arrived yet. Now just one day remains— "Today". The struggle of a single day is one that anyone can win.

We collapse when the weight of those two terrible eternities—yesterday and tomorrow—are constantly on our minds. It is when you and I add the burdens of those two awful eternities-Yesterday and Tomorrow—that we break down.

Remorse or bitterness over something that happened yesterday and fear of what tomorrow may bring are what drive people insane, not the experiences of today. So, let us live one day at a time. Reread the scriptural introduction to this post and have a beautifully blessed day!

Sincerely your Chaplain, Timothy E. Lark



WISHING THESE WONDERFUL RESIDENTS AND STAFF A HAPPY BIRTHDAY THIS MONTH!

### Residents

#### **DAVID BORTON** APR 01 **ALTON BROOMFIELD APR 02 CHARLES WHISNANT APR 03** WILLIE PAYNE **APR 03 EUGENE FEALKO** APR 14 THURSTON SMITH **APR 17** WALTER ROBINSON APR 24 **DENNIS NESBITT APR 27 EDWARD AUSTIN APR 28**

### Staff

DEBRA FIELDS	APR 01
APRIL HOLLIMAN	APR 03
ASHLEY THOMAS	APR 05
JULIA EVEKER	APR 10
MARK BUCKNER	APR 10
ASHLEY STACEY	APR 10
BERKELEY SHELTON	APR 12
OWEN HALL	APR 17
TYLER GARDNER	APR 18
ANNIE DEWITT	APR 21
ROSANNA JOE	APR 22
CARLTON DEESE	APR 23
GERMANI MCNEILL	APR 28

# SUDOKU PUZZLES

**SOLUTIONS** 

6	7	3	5	9	4	2	8	1
2	8	4	3	1	6	7	5	9
5	9	1	7	8	2	3	4	6
7	1	5	6	2	3	4	9	8
9	3	2	8	4	1	6	7	5
4	6	8	တ	5	7	1	3	2
3	2	9	1	7	5	8	6	4
1	5	7	4	6	8	9	2	3
8	4	6	2	3	9	5	1	7

## Puzzle 1

6	2	5	8	1	4	9	3	7
7	3	1	2	9	6	4	5	8
4	8	9	3	5	7	1	6	2
1	7	8	6	4	3	2	9	5
5	9	3	1	2	8	6	7	4
2	4	6	တ	7	5	8	1	3
9	6	4	5	3	2	7	8	1
8	5	2	7	6	1	3	4	9
3	1	7	4	8	9	5	2	6

Puzzle 3

6	4	7	2	5	9	3	8	1
3	2	8	1	4	6	9	5	7
5	9	1	3	7	8	2	4	6
4	7	9	5	8	1	6	3	2
8	3	2	7	6	4	1	9	5
τ-	6	5	တ	2	3	4	7	8
7	8	3	6	9	2	5	1	4
2	1	4	8	3	5	7	6	9
9	5	6	4	1	7	8	2	3

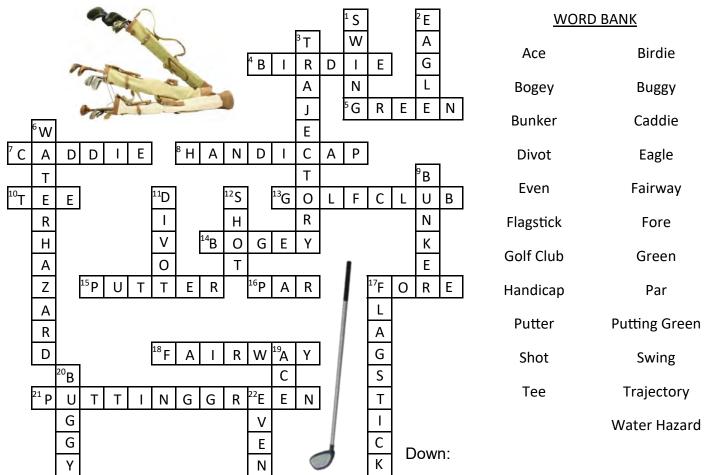
### Puzzle 2

3	9	4	7	1	5	8	2	6
5	1	6	8	2	4	9	3	7
7	2	8	3	6	9	1		4
8	7	5			6		4	З
4	3		5	7	8	6	1	9
9	6		2	4	3	5	7	8
2	8	9	4	3	1	7	6	5
6	4		9	5	2	3	8	1
1	5	3	6	8	7	4		2

Puzzle 4

### CROSSWORD PUZZLE

#### **SOLUTIONS**



#### Across:

- 4. One score under the par for that hole
- 5. The name of the putting surface, also a color
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- 12. An attempt to hit the ball
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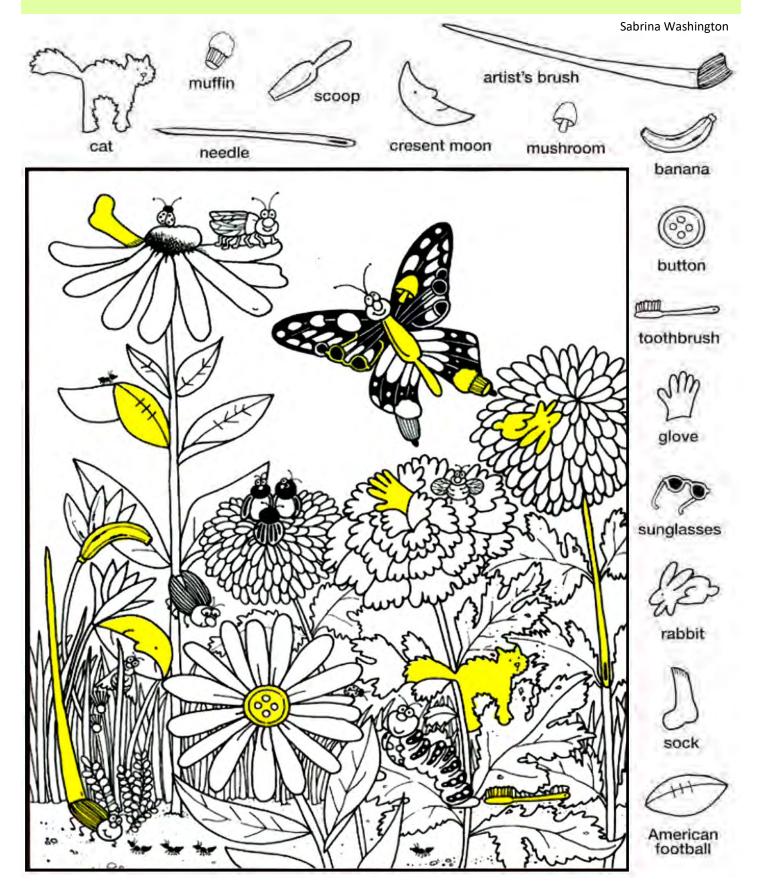
# WORD SEARCH PUZZLE

#### SOLUTIONS

WORD BANK	(ND(S E	ERIP	GREE	N G E E B
Albatross		OLES		
Back Nine	FOOA	SFLO	ٱ◊◊◊◊₾	<b>/</b> 2
Backspin		<u> </u>		
Ball		AXD R	/0/S SXD	
Birdie				
Bogey				
Bunker				
Caddie	TBCW			
Cart	ıluslı			
Chip		6/4	<i>\$ 68/6 (4)</i>	
Clubhouse	K O E K	WEAL	<del>KWXY</del>	
Clubs	ਲ ਤੋਂ ਹਿੱਸ	OEGN	ARGN	
Condor	INTP	SKCA	B E G D	
Course	DRET	TUPYT	0 1 (0	) R I V E R)
Divot	Gross Score	Rough	Wedge	1220000000
Driver	Handicap	Rules	Wood	
Driving Range	Hole In One	Shot		
Eagle	Holes	Slice		
Fairway	Hook	Stroke		
Flagstick	Iron	Swing		
Fore	Net Score	Tee Off		4
Green	Par	Tree		
Grip	Putter	Water Hazard		

## HIDDEN IMAGES PUZZLE

**SOLUTIONS** 

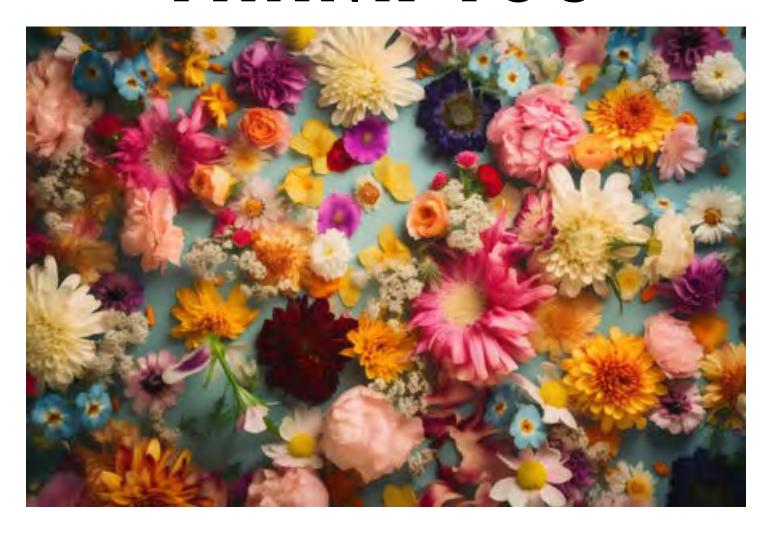






Cita	Monday	Tuesday	Wodnocday	Thursday	Eridan	Cat
onio.	1 9:00 Coffee & News 10:30 What's in My Box 2:30 BINGO	9:00 Barber – 5 <sup>th</sup> Floor 10:00 News with Friends 2:30 Food for Thought 7:00 BINGO with CMVA Riders	3 8:30 Barber – 3" Floor 9:00 2-5 Movie & Popcorn 2:30 Name that Tune 7:00 BINGO with DAV	4 9:00 2-5 Movie & Popcom 2:30 Ice Cream Social with DAV	9:00 Coffee & News 10:00 The Word with Chaplain Lark 2:30 Spring Planting	Family Visits
Family Visits Faith Baptist Church @ 2:30	9:00 Coffee & News 10:00 Pet Therapy 2:30 BINGO	9:00 Coffee & News 10:00 News with Friends 2:30 Music in Motion	8:30 Barber – 4 <sup>th</sup> Floor 10:00 Chaplain Larry 2:30 Social with Elks Lodge	9:00 2-5 Movie & Popcom 2:30 Ice Cream Social with DAV	9:00 Coffee & News 10:00 The Word with Chaplain Lark 2:30 Frozen Friday	Family Visits BINGO with Ushers
14 Family Visits	15 9:00 Coffee & News 10:00 Darts 2:30 BINGO	9:00 Coffee & News 10:30 News with Friends 2:30 Sunshine Therapy	9:00 Coffee & News 10:00 Pine Needle Flower Club 2:30 Retro Recipes	10:00 Art Crafts with Morris Museum 2:30 Social with AL Post 192 7:00 Movie & Popcom	9:00 Coffee & News 10:00 The Word with Chaplain Lark 2:30 Frozen Friday	20 Family Visits
21 Family Visits Mackey House Music @ 2:30	9:00 Coffee & News 10:00 Pet Therapy 7:00 BINGO	9:00 Coffee & News 10:00 News with Friends 2:30 Nature Walk	8:30 Barber – 2nd Floor 10:00 Chaplain Larry 2:30 Takin' Shots	9:00 2-5 Movie & Popcom 2:30 Wood Working	9:00 Coffee & News 10:00 The Word with Chaplain Lark 2:30 Frozen Friday	Family Visits
28 Family Visits	9:00 Coffee & News 10:00 News with Friends 2:30 BINGO	30 9:00 Coffee & News 10:00 News with Friends 2:30 Social with AL Post 205		APril Showlers Bring May Flowers	Havers &	
	Activities are subje	Activities are subject to change based on Resident interest and safety, One-on-one activities occur on each floor	ident interest and safety,	One-on-one activities occu	ur on each floor	

# THANK YOU



To all of our Veterans, families, friends, staff, faculty, and contributors.



GEORGIA WAR VETERANS NURSING HOME