

DEPARTMENT OF KINESIOLOGY
BSK with a Concentration in **Exercise and Sport Science**

Student Name: _____

ID: _____

Advisor: _____

Core Curriculum, Areas A-E (42 hours) - all courses are required, must earn a D or better								
Area A			Area B			Area C		
Course	Sem	Grade	Course	Sem	Grade	Course	Sem	Grade
ENGL 1101			COMM 1100			Arts/Humanities #1		
ENGL 1102								
MATH 1001/1111/1113			INQR 1000			Arts/Humanities #2		
Area D				Area E				
Course	Sem	Grade	Course			Sem	Grade	
Lab Science #1 (4)			POLS 1101					
Lab Science #2 (4)			HIST 2111/2112					
Lab Science #3 (4) or Math #1			PSYC 1101 (recommended)					
			SOCI 1101 (recommended)					

KNHS Area F (18 hours) – all courses are required, must earn a C or better					
Course	Sem	Grade	Course	Sem	Grade
KNHS 2100 (Intro to Nutrition)			MATH 1401 (Statistics)		
BIOL 2111 (Anatomy & Physiology I (4))			1000/2000 Level Lab Science (4)		
BIOL 2112 (Anatomy & Physiology II (4))					

KNHS Major (33 hours) – all courses are required, must earn a C or better					
Course	Sem	Grade	Course	Sem	Grade
KNHS 3100 (Intro to Kinesiology)			KNHS 3319 (Exercise Physiology)		
KNHS 3210 (Motor Behavior)			KNHS 4210 (Fitness Assess. & Ex. Rx)		
KNHS 3220 (Structural Kinesiology)			KNHS 4999 (Working with Diverse Pops)		
KNHS 3310 (Sport & Ex. Psychology)			KNHS 4960 (Internship* (12))		

*to be taken in last semester of program only

ESS Concentration Requirements (27 hours) – all courses are required, must earn a C or better					
Course	Sem	Grade	Course	Sem	Grade
3000/4000 Level Elective #1			KNHS 4240 (Strength Training and Cond.)		
3000/4000 Level Elective #2			KNHS 4350 (Nutrition in HHP)		
3000/4000 Level Elective #3			KNHS Upper Division Elective #1		
KNHS 3300 (Practicum)			KNHS Upper Division Elective #2		
KNHS 4230 (Biomechanics)					

Wellness and PE (4 hours) – all courses are required		
Course	Sem	Grade
WELL 1000 (Wellness)		
WELL Activity #1		
WELL Activity #2		

Legislative Requirements – req'd before internship	
Constitution, GA	
Constitution, US	
History, GA	
History, US	