**Augusta University**

Medical College of Georgia

**Center for Ultrasound Education**

**Things to do around Augusta**

**Workout Options**

**Hammonds Ferry Park/Dock**

Walk toward river from hotel, turn right

Great outdoor grassy area for bodyweight

workouts, paved running path along

river 14-mile round trip length.

**Canal Trail**

15 miles, scenic dirt bike/run/walk path

Park and enter across from CSRA Humane Society

425 Wood St Augusta, GA

<https://augustacanal.com/about.php>



**Augusta Aquatic Center**

25m swim lanes (closes at 8p) Cost 4$

Damascus Rd, Augusta, GA

**Stars and Bars CrossFit**

619 E Robinson Ave, Grovetown, GA

20-mile drive, but great gym



YMCA, Golds Gym, Planet Fitness, Anytime Fitness

All close drive from Hotel in North Augusta, need to be members

**Places for Food/Drinks**

**Southbound Smokehouse** (closed Monday & Tuesday)

Across from hotel, SW corner of baseball stadium

1009 Center St North Augusta, SC

**Solé** (half price sushi on Monday)

1033 Broad Street

Augusta, GA

**Broad Street, Augusta GA**

Walkable with a number of bars & restaurants

Stillwater Taproom, Whiskey Bar, Edgar’s Rooftop are good spots



**Savanah River Brewing Company**

813 5th St Augusta, GA

**Riverwatch Brewery**

1175 4th St Augusta GA

\*Not open on Tuesday

**Rio Cantina**

Across from Hotel, good food and awesome margaritas

**Other things to Do**

**TopGolf**

437 Topgolf Way

Augusta, GA

**NorthSide Lanes** (Bowling)

1745 Georgia Ave

North Augusta, SC



**North Augusta Park**

Tennis and Basketball- if interested let me know, I have racquets you can borrow.

**2nd and Charles**

Large, quirky, book, music, games tore across the parking lot from Hooters

2834 Washington Road, Augusta, GA

**Richmond County Library** (closes 8p)

823 Telfair St, Augusta, GA