

# What are the ACGME Institutional Requirements for Wellness

Per ACGME Institutional Requirements, *The Sponsoring Institution (i.e., MCG) must oversee its ACGME-accredited programs' fulfillment of responsibility to address well-being of residents/fellows and faculty members, consistent with the Common and specialty-/subspecialty-specific Program Requirements, addressing areas of non-compliance in a timely manner*

(1). *The Sponsoring Institution, in partnership with its ACGME accredited programs, must educate faculty members and residents/fellows in identification of the symptoms of burnout, depression, and substance abuse, including means to assist those who experience these conditions. This responsibility includes educating residents/fellows and faculty members in how to recognize those symptoms in themselves, and how to seek appropriate care* (2). *The Sponsoring Institution, in partnership with its ACGME accredited programs, must encourage residents/fellows and faculty members to alert their program director, DIO, or other designated personnel or programs when they are concerned that another resident/fellow or faculty member may be displaying signs of burnout, depression, substance abuse, suicidal ideation, or potential for violence; provide access to appropriate tools for self-screening; and, provide access to confidential, affordable mental health assessment, counseling, and treatment, including access to urgent and emergent care 24 hours a day, seven days a week* (3). *The Sponsoring Institution must ensure a healthy and safe clinical and educational environment that provides for access to food during clinical and educational assignments* (4); *sleep/rest facilities that are safe, quiet, clean, and private, and that must be available and accessible for residents/fellows, with proximity appropriate for safe patient care* (5); *safe transportation options for residents/fellows who may be too fatigued to safely return home on their own* (6); *clean and private facilities for lactation with proximity appropriate for safe patient care, and clean and safe refrigeration resources for the storage of breast milk* (7); *safety and security measures appropriate to the clinical learning environment site* (8); *and, accommodations for residents/fellows with disabilities, consistent with the Sponsoring Institution's policy*

(9). <https://www.acgme.org/designated-institutional-officials/institutional-review-committee/institutional-application-and-requirements/>