



GROUP FITNESS

FEBRUARY



MON

TUES

WED

THUR

FRI

SAT

SPIN

6:30 – 7:15 AM
Liliana

SPIN

6:30 – 7:15 AM
Liliana

SPIN

12:30 - 1:15 PM
Liliana

SPIN

5:30 – 6:15 PM
Liliana

YOGA

5:45 – 6:30 PM
Liliana

YOGA

6:30 – 7:15 PM
Jessica

YOGA

6:30 – 7:15 PM
Jessica

YOGA

6:15 – 7:00 PM
Liliana

---- CLASS LOCATIONS ----

- SPIN STUDIO: DA 2020
- YOGA STUDIO: DA 2021
- OTHER CLASSES: DA/1121

