

AU Campus Recreation Group Fitness- June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1			1	2	3	4
			6:30am Spin (LM) 5pm Yoga (KR) 5pm WERQ (PW) 6pm Cardio Drumming(NN)	5pm PUMP 30 (DS) 5:45pm Yoga (LM)	6:30 am Spin (LM) 5:30 pm Spin (LM)	
5	6	7	8	9	10	11
	5pm Yoga (JY) 5pm WERQ (PW) 5:30pm Spin (CG)	5pm Yoga (JY) 5pm Bootcamp (BH) 6pm Hip Hop (NN)	6:30am Spin (LM) 5pm Yoga (KR) 5pm WERQ (PW) 6pm Cardio Drumming (NN)	5pm PUMP 30 (DS) 5:45pm Yoga (LM)	6:30 am Spin (LM) 5:30 pm Spin (LM)	
12	13	14	15	16	17	18
	5pm Yoga (JY) 5pm WERQ (PW) 5:30pm Spin (CG)	5pm Yoga (JY) 5pm Bootcamp (BH) 6pm Hip Hop (NN)	6:30am Spin (LM) 5pm Yoga (KR) 5pm WERQ (PW) 6pm Cardio Drumming (NN)	5pm PUMP 30 (DS) 5:45pm Yoga (LM)	6:30 am Spin (LM) 5:30 pm Spin (LM)	
19	20	21	22	23	24	25
	UNIVERSITY HOLIDAY NO CLASSES	5pm Yoga (JY) 5pm Bootcamp (BH) 6pm Hip Hop (NN)	6:30am Spin (LM) 5pm Yoga (KR) 5pm WERQ (PW) 6pm Cardio Drumming (NN)	5pm PUMP 30 (DS) 5:45pm Yoga (LM)	6:30 am Spin (LM) 5:30 pm Spin (LM)	
26	27	28	29	30		
	5pm Yoga (JY) 5pm WERQ (PW) 5:30pm Spin (CG)	5pm Yoga (JY) 5pm Bootcamp (BH) 6pm Hip Hop (NN)	6:30am Spin (LM) 5pm Yoga (KR) 5pm WERQ (PW) 6pm Cardio Drumming (NN)	5pm PUMP 30 (DS) 5:45pm Yoga (LM)		